


# **14<sup>th</sup> Annual**

**Saturday, October 28 • 11am - 4pm**

**Market Place Mall**

**DISABILITY  
RESOURCE  
EXPO**

 **Reaching Out For  
Answers**

# **Resource Book**

**[www.disabilityresourceexpo.org](http://www.disabilityresourceexpo.org)**

# Thank You to Our 2023 Platinum Sponsors



## The News-Gazette



October 28, 2023

Dear Friends,



Thank you for attending the 14th Annual DISABILITY Resource Expo. We are so pleased that you came to check out the various disability resources available in East Central Illinois and surrounding communities.

Please help us to improve future expos by taking a few minutes to fill this year's Expo participant evaluation form. Access the evaluation by using your cell phone to scan the QR code below. If you choose to enter the drawing mentioned in the survey, you will be eligible to win a prize such as a gift card to Red Robin or Baxter's. If you are unable to complete the survey via the QR code, please go to the Accessibility/Information table for assistance or to fill out a paper version.

Thank you again for attending the 14th Annual DISABILITY Resource Expo. We appreciate your support. We hope to see you next year and for many years to come.

Sincerely,

The Champaign County Mental Health Board, The Champaign County Developmental Disabilities Board, and the DISABILITY Resource Expo Steering Committee



## TABLE OF CONTENTS

AMAZING SENSORY DESIGNS	3
AMBUCS, GREATER CHAMPAIGN COUNTY	3
ARC OF ILLINOIS, THE	5
ASCEND CONSULTATION IN HEALTH CARE	5
ASPIRE OF ILLINOIS	6
AUDIOLOGY & SPEECH LANGUAGE PATHOLOGY CLINIC - UNIVERSITY OF ILLINOIS	6
BLUE TOWER SOLUTIONS, INC	7
CARLE COMMUNITY WELLNESS & FAITH COMMUNITY HEALTH SERVICES	7
CENTER ON HEALTH, AGING AND DISABILITY (CHAD)	8
CHAMPAIGN COMMUNITY ADVOCACY AND MENTORING RESOURCES (CCAMR)	8
CHAMPAIGN COUNTY CLERK AND RECORDER'S OFFICE	9
CHAMPAIGN COUNTY HEALTH CARE CONSUMERS	9
CHAMPAIGN COUNTY REGIONAL PLANNING COMMISSION/DEVELOPMENTAL DIS- ABILITIES SERVICES	9
CHAMPAIGN COUNTY REGIONAL PLANNING COMMISSION/ EARLY CHILDHOOD EDU- CATION PROGRAM	
CHAMPAIGN-URBANA AUTISM NETWORK	10
CHAMPAIGN-URBANA MULTIPLE SCLEROSIS SUPPORT GROUP	10
CHAMPAIGN-URBANA SPECIAL RECREATION	11
CITY OF CHAMPAIGN-EQUITY AND ENGAGEMENT DEPARTMENT	11
COMMUNITY CHOICES	12
CRISIS NURSERY	12
CU ABLE	13
CUNNINGHAM CHILDREN'S HOME	13
DEPRESSION BIPOLAR SUPPORT ALLIANCE CHAMPAIGN URBANA	14
DEVELOPMENTAL SERVICES CENTER (DSC)	14
DHS / DIVISION OF REHABILITATION SERVICES	15
EDEN SUPPORTIVE LIVING	15
ELLIOTT COUNSELING GROUP	16
ENVISION UNLIMITED	16
EPILEPSY ADVOCACY NETWORK	17
EQUABILITY LLC	17
EQUIP FOR EQUALITY	18
EXCEL PREP	18

EXPERIENCE CHAMPAIGN URBANA	19
FAMILY SERVICE OF CHAMPAIGN COUNTY	19
GROW IN ILLINOIS	20
HEALTH ALLIANCE	20
HUMAN RIGHTS AUTHORITY (IGAC)	21
ILLINOIS EPILEPSY PROJECT (BLUE TOWER SOLUTIONS)	21
ILLINOIS HOME CARE OMBUDSMAN PROGRAM	22
ILLINI RADIO READER	22
ILLINOIS RESPITE COALITION	23
IMMIGRANT SERVICES OF CHAMPAIGN-URBANA	23
ILLINOIS TELECOMMUNICATIONS ACCESS CORPORATION (ITAC)	24
LAND OF LINCOLN GOODWILL INDUSTRIES	24
LIFELINKS	25
MASS TRANSIT DISTRICT (MTD), C-CARTS	25
MEDSERV EQUIPMENT CORP.	26
NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) CHAMPAIGN COUNTY	26
PACE, INC. CENTER FOR INDEPENDENT LIVING	27
PARALYZED VETERANS OF AMERICA, VAUGHAN CHAPTER	27
PAVILION BEHAVIORAL HEALTH SYSTEM, THE	28
PLACE FOR CHILDREN WITH AUTISM, THE	28
PROMISE HEALTHCARE	29
QUALITY MED TRANSPORT	29
RAPE ADVOCACY, COUNSELING, & EDUCATION SERVICES (RACES)	30
ROSECRANCE	31
SOCIAL CHAMPAIGN	31
STAR NET REGIONS I & III	32
STATE SENATOR, PAUL FARACI	32
STEPHENS FAMILY YMCA – LARKIN’S PLACE PROGRAMMING	33
SWANN SPECIAL CARE	33
THE AUTISM PROGRAM (TAP) AT THE UNIVERSITY OF ILLINOIS	35
THRIVENT FINANCIAL	35
TOM JONES CHALLENGER LEAGUE	36
UNITING PRIDE OF CHAMPAIGN COUNTY	36
URBANA EARLY CHILDHOOD SCHOOL & CU EARLY	37
URBANA FREE LIBRARY	37
URBANA POLICE DEPARTMENT	38



**AMAZING SENSORY DESIGNS**

6701 S Crandon, Ste 10A

Chicago, IL 60649

773-501-6796

amazingsensorydesigns@gmail.com

www.amazingsensorydesigns.com

Amazing Sensory Designs, LLC specializes in customized sensory space and Sensory products that can be used to stimulate or calm the senses. Sensory rooms and Sensory products are often used for people with disabilities or special needs, as they can provide safe, welcoming environments where individuals can explore and play. Also, ASD, LLC can help with obtaining adaptive sensory equipment 53e funding for individuals that receive DHS Children and Adult Home Based Waiver.

**AMBUCS, GREATER CHAMPAIGN COUNTY**

PO Box 592

Urbana, IL 61803

217-367-7112

www.thegccambucs.org

AMBUCS is dedicated to creating mobility and independence for people with disabilities by performing community service, providing AmTryke therapeutic tricycles to children, youth, and adults with disabilities, providing scholarships for therapists, and constructing wheelchair ramps for qualified applicants. Additionally, they assist in the development of Ambucs Park in Urbana, an accessible community recreational park.

**ARC OF ILLINOIS, THE**

9980 190th St, Ste C

Mokena, IL 60448

815-464-1832

info@thearcofil.org

www.thearcofil.org

The Arc of Illinois advocates for funding and legislation to benefit people with disabilities and provides training opportunities for families and professionals. Illinois Life Span provides statewide information and resources focused on advocacy, services, and supports for people with I/DD. The Family to Family Health Information Center provides information focused on health and insurance issues for families of children and youth with special health care needs. The Family Support Network works to unify individuals with disabilities and their families to advocate for funding, services and community resources that strengthen and support the individual and family. The Ligas Family Advocate Program provides family to family advocacy support for Ligas Class Members. The Family Transition Project, Consumer Stipend Program, and Assistive Technology Program are also under The Arc of Illinois.

**ASCEND CONSULTATION IN HEALTH CARE**

700 S. Gregory Ave, Ste A, Urbana, IL 61801

217-531-4796 x 809

leslie.hunt@ascendchc.com

www.ascendchc.com

Ascend provides mental health services, nutrition services, partial hospitalization programming, intensive outpatient programming and support groups for all ages in the community. Ascend supports a no blame no shame attitude towards health, hope and healing.

**ASPIRE OF ILLINOIS**

1815 S Wolf Rd  
Hillside, IL 60162  
847-731-5704  
ambassador@aspirechicago.com  
www.aspirechicago.com

The mission of Aspire of Illinois is to support the successes of people with disabilities, strengthen their families, and build embracing communities. The vision of Aspire is to create a community where people of all abilities live, learn, and grow together. The organization provides an array of services across Cook and Lake County, including living supports/community integrated living arrangements, virtual life skills coaching, day program services, and community employment supports.

**AUDIOLOGY & SPEECH LANGUAGE PATHOLOGY CLINIC - UNIVERSITY OF ILLINOIS**

2001 S Oak St  
Champaign, IL 61820  
217-333-2206  
shsclinic@illinois.edu  
shsclinic.shs.illinois.edu

The Speech & Hearing Clinic, operated by the Speech & Hearing Science Department in the College of Applied Health Sciences at the University of Illinois, offers full-range diagnostic and therapeutic services to Children and Adults of all ages. Care is provided by graduate student clinicians under the supervision and expertise of licensed and nationally certified speech & hearing professionals.

**BLUE TOWER SOLUTIONS, INC**

91 Cedar St

Park Forest, IL 60466

708-465-2368

leanneadvocacy@gmail.com

www.bluetowersolutions.org

Blue Tower Solutions engages individuals, organizations and systems to create cultures of respect, inclusion, dignity and equality for people with disabilities. The organization is currently working on projects to educate people with disabilities in Illinois about available housing resources. Blue Tower Solutions is also working to help people with epilepsy in Central and Northwestern Illinois to access services and supports as well as to educate people about epilepsy. The Champaign County Epilepsy support group is featured at this event.

**CARLE COMMUNITY WELLNESS & FAITH COMMUNITY HEALTH SERVICES**

611 W Park St

Urbana, IL 61801

217-902-3121

FaithCommunityHealth@carle.com

<https://carle.org/Services/Institutes/Community-Health-Initiatives-Overview>

Carle Community Wellness & Faith Community Health Services connects people and their faith communities to needed healthcare and wellness support, taking a whole-person approach to health. Faith Community Health connects faith communities to provide health screenings such as blood pressure checks, medication reviews, and body mass index checks as well as health promotion and education programs that cover topics like chronic disease, advance care planning, fitness, nutrition and CPR.

**CENTER ON HEALTH, AGING AND DISABILITY (CHAD)**

1206 S Fourth St  
1008 Khan Annex  
Huff Hall  
Champaign, IL 61820  
217-300-4323  
chad@ahs.illinois.edu  
go.ahs.illinois.edu/CHAD

The Center on Health, Aging, and Disability provides leadership in interdisciplinary research and engagement to support health and well-being across the lifespan, livable communities, and optimal living with disabilities. The center works to promote discoveries addressing critical health and societal issues and facilitate collaboration between campus researchers and external partners.

**CHAMPAIGN COMMUNITY ADVOCACY AND MENTORING RESOURCES (CCAMR)**

PO Box 92  
Champaign, IL 61824  
217-586-5256  
ccamrboard@gmail.com  
www.ccamr.org

CCAMR provides grants to adults (age 18 and older) with intellectual disability who live in Champaign County. The purpose of the mini grants (for \$100 – \$2000) is to enrich an individual's life by providing funds to support the purchase of equipment or supports that will assist the individual in maintaining or obtaining independence in his or her home or community or to support activities that will enhance the individual's quality of life.

**CHAMPAIGN COUNTY CLERK AND RECORDER'S OFFICE**

1776 E Washington St  
Urbana, IL 61802  
217-384-3724  
elections@champaigncountyclerkil.gov  
www.champaigncountyclerk.com

The Champaign County Clerk's Office will distribute voter registration information.

**CHAMPAIGN COUNTY HEALTH CARE CONSUMERS**

44 E Main St #208  
Champaign, IL 61820  
217-352-6533  
cchcc@cchcc-il.org  
healthcareconsumers.org

CCHCC provides free information, assistance, referral, and advocacy services to community members who are having problems with any aspect of the healthcare system. CCHCC helps consumers find low-cost health care resources for prescriptions, vision, and dental, they also help apply for Medicaid, SNAP, and financial assistance at local hospitals, and assist with submitting disability applications and renewals.



**CHAMPAIGN COUNTY REGIONAL PLANNING COMMISSION/  
DEVELOPMENTAL DISABILITIES SERVICES**

1776 E Washington St  
Urbana, IL, 61802  
217-328-3313  
info@ccrpc.org  
www.ccrpc.org

The Champaign County Regional Planning Commission's Developmental Disabilities Program offers services to individuals with I/DD in Champaign County ages 18 and older while they wait on PUNS. Services offered include person-centered planning case management, case management Services for individuals dually diagnosed with an intellectual or developmental disability and mental health diagnosis, and transition consultant services for individuals who are nearing graduation from secondary education.

**CHAMPAIGN COUNTY REGIONAL PLANNING COMMISSION/  
EARLY CHILDHOOD EDUCATION PROGRAM**

103 S Country Fair Dr  
Champaign, IL 61821  
217-239-5951  
info@ccrpc.org  
www.ccrpc.org

Champaign County Head Start/Early Head Start - The Champaign County Regional Planning Commission is the recipient of federal funding to promote kindergarten readiness to income-eligible families in Early Head Start, which serves infants, toddlers, and expectant parents; and Head Start, which serves three-to five-year-old-children. Head Start partners with parents to assist children in developing the knowledge and skills necessary for school success and lifelong well-being.

**CHAMPAIGN-URBANA AUTISM NETWORK**

PO Box 17024

Urbana, IL 61803

217-819-1312

information.cuan@gmail.com

www.cuautismnetwork.org

Advocacy, resource access, education, employment, support for those on the autism spectrum and those caring for them.

**CHAMPAIGN-URBANA MULTIPLE SCLEROSIS SUPPORT GROUP**

525 W Monroe St, Ste 1510

Chicago, IL 60661

1800-344-4867

savoymsgroup@yahoo.com

www.nationalmssociety.org

The Champaign Urbana Multiple Sclerosis (MS) Support Group helps individuals living with MS and/or their family members, friends and care partners gain support from others living with MS. More specifically, the group shares experiences and gets feedback, learns from expert speakers, and learns about potential opportunities to participate in research. The group meets every second Saturday of each month (except December) 10am-12pm at the First Baptist Church, 1602 S. Prospect, Savoy, IL.

## **CHAMPAIGN-URBANA SPECIAL RECREATION**

2212 Sangamon Dr  
Champaign, IL 61821  
217-819-3980  
[cusr@champaignparks.org](mailto:cusr@champaignparks.org)  
[cuspecialrecreation.com/](http://cuspecialrecreation.com/)

Champaign-Urbana Special Recreation (CUSR) was formed through a cooperative agreement with the Champaign and Urbana Park Districts to provide recreation programs and leisure services for residents with disabilities. CUSR provides quality recreation programs for people with disabilities by hiring and training qualified staff, providing staff ratios which ensure program safety and success, and adapting programs and equipment to meet the needs of the participants.

## **CITY OF CHAMPAIGN-EQUITY AND ENGAGEMENT DEPARTMENT**

205 W Park Ave, Ste 200  
Champaign IL 61820  
217-403-8830  
[equityandengagement@champaignil.gov](mailto:equityandengagement@champaignil.gov)  
[champaignil.gov/equity-and-engagement-department/](http://champaignil.gov/equity-and-engagement-department/)

The Equity and Engagement Department serves as a critical link between the City and our community. The department works to ensure everyone who lives, works, or plays in Champaign is treated in a fair, equal, and inclusive manner, and to promote quality of life for all citizens. The City is committed to meeting this objective through ongoing public education and enforcement of the City's Human Rights Ordinance and Equal Opportunity in Purchasing Ordinance.

**COMMUNITY CHOICES**

44 E Main St, Ste 210  
Champaign, IL 61820  
217-621-1090  
info@communitychoicesinc.org  
www.communitychoicesinc.org

Community Choices is a human services cooperative and provider where adults with developmental disabilities and their families support each other. Community Choices provides services open to both members and non-members including Inclusive Community Support for community-based living, Customized Employment, and Social, Leadership, and Advocacy Connections. Members have additional access to Social Opportunities and Transportation supports.

**CRISIS NURSERY**

1309 W Hill St  
Urbana, IL 61801  
217-337-2730  
aforsyth@crisisnursery.net  
crisisnursery.net/

Crisis Nursery creates an "Island of Safety" dedicated to the prevention of child abuse and neglect by providing 24 hour emergency childcare for children & support to strengthen families in crisis. Crisis Nursery believes that asking for help is a sign of strength. The Nursery serves children ages birth to six. The Nursery also provides home visiting programs through its Beyond Blue & Paving Pathways Program which focus on child development & supporting the family where they are at.

**CU ABLE**

2633 CR, Ste 500E,  
Mahomet, IL 61853  
630-492-0520  
info@cuable.org  
www.cuable.org

CU Able is a safe and accepting support network within the local community. The group focuses on advocacy, awareness and tries to help its members incorporate self-care into their routine by organizing local events such as mom's retreats, family dinners, and the Larkin's Place Parent Network. CU Able is a welcoming group where people can seek advice and support, share resources, network, and find friendship.

Create Awareness, Promote Acceptance, Embrace Love. Find us on Facebook at CU Able.

**CUNNINGHAM CHILDREN'S HOME**

1301 N Cunningham Ave.  
Urbana, IL 61802  
217-367-3728  
pgarrison@cunninghamhome.org  
www.cunninghamhome.org/

Cunningham Children's Home is an exemplary child welfare and educational services agency providing caring support and therapeutic intervention to more than 807 youth, adults and families each year through comprehensive programs including residential treatment, special education, counseling, vocational, and community-based services.

## **DEPRESSION BIPOLAR SUPPORT ALLIANCE CHAMPAIGN URBANA**

1400 W Park St  
 Urbana, IL 61801  
 810-328-3272  
[dbsaurbana@gmail.com](mailto:dbsaurbana@gmail.com)  
[cudbsa.org/](http://cudbsa.org/)

Depression Bipolar Support Alliance Urbana-Champaign meetings are open to people who have depression, bipolar disorder, and/or related mental health problems, whether formally diagnosed or not. The alliance also offers support for the friends and families of those who struggle with these illnesses. All alliance meetings are peer led and have no medical professionals present. Open meetings that people with mental health problems and those who support them occur on Tuesdays at 7p.m. Closed meetings for only those with mental health problems take place on Fridays at 7p.m. Open meetings also occur on the first and third Thursday of each month. Auditorium C at OSF main hospital.

## **DEVELOPMENTAL SERVICES CENTER (DSC)**

1304 W Bradley Ave  
 Champaign, IL 618231  
 1217-356-9176 Ext 256  
[www.dsc-illinois.org](http://www.dsc-illinois.org)  
 Find us on Facebook at [www.facebook.com/cuDSC1/](https://www.facebook.com/cuDSC1/)

DSC provides services to approximately 1100 adults and children annually. Adult services are community focused and based, with an emphasis on independence to enhance the quality of life as defined by the individual. Support is offered in independent living skills, employment and residential options, and recreational opportunities. DSC's Family Development is a home-visiting program offering speech and developmental therapy, developmental screenings, PLAY Project, and a weekly playgroup.



**DHS / DIVISION OF REHABILITATION SERVICES**

1307 N Mattis Ave  
Champaign, IL 61821  
217-278-3500  
dhs.drs@illinois.gov  
www.dhs.state.il.us

DHS's Division of Rehabilitation Services (DRS) is the state's lead agency serving individuals with disabilities. DRS works with people with disabilities and their families to assist them in making informed choices to achieve full community participation through employment, education, and independent living opportunities.

**EDEN SUPPORTIVE LIVING**

222 N State St  
Champaign, IL 61820  
217-903-5900  
Ndrew@edenslf.com  
edenslf.com

Eden Supportive Living is a lifestyle designed for people with physical disabilities ages 22-64 who expect a better quality of living. At Eden, a person can live amongst their peers in exciting neighborhoods, while taking comfort in knowing there are licensed health professionals available to assist with daily living activities or health emergencies. A monthly fee covers everything: rent, utilities, three daily meals, housekeeping, laundry, assistance with transportation, personal care, and even medical reminders. Qualified residents eligible for financial assistance under Medicaid may be able to receive financial assistance for their care at Eden.

**ELLIOTT COUNSELING GROUP**

2001 Philo Rd.  
 Urbana, IL 61802  
 217-552-1211  
[staff@ecgstaff.com](mailto:staff@ecgstaff.com)  
[elliottcounselinggroup.com/](http://elliottcounselinggroup.com/)

Elliott Counseling Group (ECG), your partner in mental well-being for over 20 years. ECG'S compassionate team provides therapy services for adults, children, and families, delivering tailored support for your unique needs. Whether it's individual counseling, family therapy, or child-focused care, experienced professionals are here to guide you. ECG goes beyond talk therapy, offering medication management and in-house lab work for a comprehensive approach to mental health. ECG'S commitment is to make quality care accessible and convenient. Your mental well-being is first priority, and the counseling group is dedicated to helping you achieve a happier, healthier life. Visit ECG offices in Champaign-Urbana or utilize telehealth services where you can find the support you deserve.

**ENVISION UNLIMITED**

8 S Michigan Ave, #1700  
 Chicago, IL 60603  
 773-899-6177  
[sstumpf@envisionunlimited.org](mailto:sstumpf@envisionunlimited.org)  
[www.envisionunlimited.org](http://www.envisionunlimited.org)

In-home Respite care for families with people with developmental disabilities ages 4 and up. Envision Unlimited will hire someone you refer to them or will look for caregivers to help families in their homes. Families helped by Envision Unlimited receive 300 hours of care at no cost. There is no income requirement to receive services through Envision Unlimited. Workers are paid through the organization. Envision Unlimited also offers Adventurers Unlimited, a respite group that takes people with developmental disabilities out into the community and allows them to build friendships with others.

**EPILEPSY ADVOCACY NETWORK**

628 Columbus St, Ste 405

Ottawa, IL 61350

217-621-5842

[www.epilepsyadvocacynetwork.org](http://www.epilepsyadvocacynetwork.org)

[kristen@epilepsyadvocacynetwork.org](mailto:kristen@epilepsyadvocacynetwork.org)

The Epilepsy Advocacy Network promotes the development of facilities and services for effective treatment and rehabilitation of persons with epilepsy and coordinate the dissemination of information to the general public about epilepsy and seizure disorders in an effort to improve the public image and enhance the potential for all persons with epilepsy and other seizure disorders.

**EQUABILITY, LLC**

310 W Ells Ave,

Champaign, IL 61820

773-357-5022

[info@equability.co](mailto:info@equability.co)

[equability.co](http://equability.co)

Equability is a clothing adaptation service for people with disabilities. The company adapts existing clothes using magnets, Velcro, and snap buttons to make them easier to wear. The mission of Equability is: change clothes, so people don't have to. Equability changes clothes so no one has to change their lifestyle or clothing style because of their abilities.

**EQUIP FOR EQUALITY**

20 N. Michigan Ave, Ste 300,  
Chicago, IL 60602  
800-537-2632  
contactus@equipforequality.org  
www.equipforequality.org

Equip for Equality provides self-advocacy and legal help for people with disabilities in Illinois with no fee for services. It is the only comprehensive, cross-disability advocacy organization serving people of all ages throughout the state. Advocates and attorneys provide information and advice to individuals to enable them to advocate on their own behalf. Projects include outreach to Spanish-speaking communities, a special education helpline, and help for beneficiaries of Social Security.

**EXCEL PREP**

2301 W Bradley Ave, Ste 2  
Champaign, IL 61822  
248- 919-8627  
landria@excelprepschools.com  
www.excelprepschools.com

Excel Prep is a day school offering an academic and social program for neurodiverse students ages 5-12. Learners benefit from 1:1 to small group instruction including ABA Therapy. Lessons are centered on Direct Instruction and Precision Teaching. ExcelPrep accepts a variety of funding sources including parent tuition and insurance funding. ExcelPrep partners with Health Alliance and other insurance plans. Excel accepts school district referrals.

**EXPERIENCE CHAMPAIGN URBANA**

17 E Taylor St  
 Champaign, IL 61820  
 217-351-4133  
[marketing@experiencecu.org](mailto:marketing@experiencecu.org)  
[www.experiencecu.org](http://www.experiencecu.org)

Experience Champaign-Urbana is the destination marketing organization for the Greater Champaign-Urbana area. The organization launched "Accessible CU" with Community Choices, which provides information about the accessibility of various local attractions and businesses. For more information, see: [www.experiencecu.org/accessible-cu](http://www.experiencecu.org/accessible-cu).

**FAMILY SERVICE OF CHAMPAIGN COUNTY**

405 S State St  
 Champaign, IL 61820  
 217-352-0099  
[info@familyservicecc.org](mailto:info@familyservicecc.org)  
[www.famservcc.org](http://www.famservcc.org)

Family Service helps people of all ages cope with counseling and support groups. Call 217-352-0099.

Services for adults aged 60+ include Friendly Caller, HomeCare, Meals on Wheels, Senior Transportation, and Senior Counseling & Advocacy. Call the Senior Resource Center at 217-352-5100 for details.

The Retired Senior Volunteer Program (RSVP) has volunteer opportunities for all adults ages 55+. Call 217-359-6500; Family Services can help you turn your challenges into new beginnings!

**GROW IN ILLINOIS**

PO Box 3667

Champaign, IL 61826

217-352-6989

secretary@growinamerica.org

www.growinamerica.org

GROW is a uniquely structured community mental health movement. Started in Australia 1957, Grow's program of personal growth, group method and caring sharing community have all been developed from former mental health patients (12 step program) rebuilding their lives after a breakdown. GROW is anonymous, non-denominational and open to all. Groups are run by other members. Lasting 2 hours, 3-15 members and strictly voluntary. No fees or dues.

**HEALTH ALLIANCE**

3310 Fields South Dr

Champaign, IL 61822

217-552-9719

customerservice@healthalliance.org

www.healthalliance.org

Health Alliance™ focuses on coordinated care with a personal touch through care management, health coaching and community education. Find classes and events Health Alliance will be at on the website at [HealthAlliance.org/Events](http://HealthAlliance.org/Events)

As a provider-driven health plan, Health Alliance partnered with doctors and hospitals in local communities to give you seamless Medicare Advantage plans close to home. You get programs and benefits made for you and access to providers you trust every step of the way.



**HUMAN RIGHTS AUTHORITY (IGAC)**

2125 S First St  
Champaign, IL 61820  
217-278-5587  
lara.davis2@illinois.gov  
gac.illinois.gov/

The Human Rights Authority is the investigative arm of the Illinois Guardianship and Advocacy Commission (IGAC). The Authority investigates alleged violations of the rights of persons with disabilities by providers of services.

**ILLINOIS EPILEPSY PROJECT (BLUE TOWER SOLUTIONS  
DHS STREATOR UNLIMITED)**

91 Cedar St  
Park Forest IL 60466  
708-465-2368  
leanneadvocacy@gmail.com  
www.bluetowersolutions.org

The Illinois Epilepsy Supports and Resources Project provides education, support accessing services, referral assistance and ongoing support groups for people with Epilepsy and their families. With funding from the Illinois Department of Human Services, Streator Unlimited and Blue Tower Solutions, work together to spread the word about the many types of seizures, seizure first aid and the supports, services and benefits available for people with Epilepsy in Illinois.

**ILLINOIS HOME CARE OMBUDSMAN PROGRAM**

One Natural Resources Way  
Springfield IL 62702  
217-557-0419  
aging.hcoprogram@illinois.gov  
ilaging.illinois.gov/

The Illinois Home Care Ombudsman Program advocates on behalf of individuals who are receiving services through the Home and Community-Based Waiver Services Program and the Medicare Medicaid Alignment Initiative.

**ILLINI RADIO READER**

300 N Goodwin Ave  
Urbana IL 61801  
217-333-6503  
will-irr@illinois.edu  
will.illinois.edu/illinoisradioreader

The free Illinois Radio Reader service offers audio news and information from newspapers, magazines and more—and is for those who are blind or visually impaired including individuals who have a medical condition or disability that makes it difficult to hold and/or read traditional books and magazines. The service is also offered via web streaming and Amazon Echo in addition to the traditional reader receivers.

**ILLINOIS RESPITE COALITION**

555 Skokie Blvd  
Northbrook, IL 60062  
217-814-0487  
ilrespitcoalition@gmail.com  
www.illinoisrespitcoalition.org

The Illinois Respite Coalition is a statewide organization that provides respite and resources and support for family caregivers who are caring for loved ones of any disability and throughout the lifespan. The coalition spread awareness on the importance of caregivers receiving a break and making statewide referrals so families can be connected with resources that fit their needs.

**IMMIGRANT SERVICES OF CHAMPAIGN-URBANA**

201 W Kenyon Rd Ste 4-a,  
Champaign, IL 61820  
217-800-5725  
ISCU2DAY@GMAIL.COM

The mission of Immigrant Services of Champaign Urbana (ISCU) is to empower immigrants, refugees, and asylum seekers to become informed, self-assured, and contributing members of our community. The organization achieves this by employing a comprehensive case management system that embraces a holistic approach to assist our client families. The services offered encompass depression screenings, mental health referrals, addressing food insecurity, accessing medical care, securing housing, legal needs, transportation, as well as employment and education support.

**ILLINOIS TELECOMMUNICATIONS ACCESS CORPORATION  
(ITAC)**

1317 East Florida Ave  
Urbana, IL 61801  
217-344-5433  
info@pacecil.org  
www.pacecil.org

ITAC is a state funded program for those of any age who are experiencing hearing loss. ITAC has a couple of amplified phones and one cell phone amplifier that a person can choose from. There is no cost for the service and the equipment is free. The phone is yours to keep and you are eligible for a new phone every three years. Contact PACE Inc. to get more information about the ITAC program.

**LAND OF LINCOLN GOODWILL INDUSTRIES**

1220 Outer Park Dr.  
Springfield, IL 62704  
217-789-0400  
info@llgi.org  
llgi.org

Land of Lincoln Goodwill has developed a groundbreaking vocational training program that incorporates a variety of strategies to help those with intellectual disabilities lead more productive lives.

**LIFELINKS**

1817 S Neil St, Ste 104  
Champaign, IL 61820  
217-530-0232  
cmoutray@lifelinksinc.org  
www.lifelinksinc.org

LifeLinks believes mental health recovery is possible as consumers become empowered to achieve a meaningful life and a positive sense of belonging in the community. LifeLinks also believes that recovery is unique to each consumer, hope is important to the recovery process, and the needs of the consumer should determine services. LifeLinks provides mental health services to individuals of all ages and families including an employment program and an early intervention program for psychosis.

**MASS TRANSIT DISTRICT (MTD), C-CARTS**

1101 E University Ave  
Urbana, IL 61802  
217-384-8188  
mtdweb@mtd.org  
www.mtd.org

The Champaign-Urbana Mass Transit District provides fully accessible fixed-route bus service in Champaign, Urbana, and Savoy. The DASH card is available to qualifying individuals with disabilities and offers unlimited free bus rides for the cardholder. For those unable to utilize bus service due to disability, CUMTD offers complementary paratransit van services within the CUMTD district boundaries. C-CARTS provides general public, shared ride transportation services to and from rural areas within Champaign County. C-CARTS provides transportation to meet the needs of the community, including the elderly and persons with disabilities. Reservations must be made at least 48 hours prior to the requested ride. Rides may be scheduled between the hours of 6:00am and 6:00pm.

**MEDSERV EQUIPMENT CORP.**

Lincoln Square Mall  
156A Lincoln Square  
Urbana IL 61801  
217-355-7971  
info@medservdme.com  
www.medservdme.com/medserv-cu

MedServ provides durable medical equipment (dme) and supplies including: Scooters and wheelchairs, lift/recliner chairs, stair lifts, vehicle lifts (for scooters and wheelchairs). Bath safety, ambulatory, compression hose, CPAPs and supplies, and much more. Please visit the MedServ Retail Showroom located at 156A Lincoln Square (The Lincoln Square Mall).

**NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) CHAM-PAIGN COUNTY**

PO Box 3552  
Champaign, IL 61826  
217- 419-5345 (NAMI warmline)  
info@namichampaign.org  
namichampaign.org/

NAMI is an all-volunteer group that provides education, support, and advocacy to people living in our community who are affected by mental illness. The organization offers support groups and educational programs for people with mental health conditions and their supporters, and community education events. NAMI also has a warmline to help individuals to connect with, and navigate, resources for getting help.



**PACE, INC. CENTER FOR INDEPENDENT LIVING**

1317 E Florida Ave  
Urbana, IL 61801  
Voice: 217- 344-5433  
Video Phone: 217-689-0289  
info@pacecil.org  
www.pacecil.org

PACE, Inc. Center for Independent Living offers services that assist people with disabilities to achieve and maintain independence. Our goal is full participation in the rights and responsibilities of society for people with disabilities. PACE is a consumer-controlled and cross-disability organization that is led by people with disabilities in all aspects of our organization. Through self-directed advocacy and services, we work toward the full inclusion of people with disabilities.

**PARALYZED VETERANS OF AMERICA, VAUGHAN CHAPTER**

2235 Enterprise Drive, Ste 3501  
Westchester IL 60154  
708-947-9790  
vpva@vaughanpva.org  
www.vaughanpva.org

As a partner for life, Paralyzed Veterans also develops training and career services, works to ensure accessibility in public buildings and spaces, provides health and rehabilitation opportunities through sports and recreation, and advocates for veterans and all people with disabilities.

**PAVILION BEHAVIORAL HEALTH SYSTEM, THE**

809 W Church St  
Champaign, IL 61820  
217-373-1700  
christine.bruns@uhsinc.com  
pavilionhospital.com

Psychiatric and addiction treatment services for children, adolescents, adults, and the geriatric population. Services are provided on an inpatient and partial hospitalization basis. The Pavilion Foundation School provides educational services for youth grades 3-12 who have learning disabilities as well as behavior issues.

**PLACE FOR CHILDREN WITH AUTISM, THE**

301 S Vine St, #10  
Urbana, IL 61801  
224-436-0788  
outreach@theplaceforaba.com  
theplaceforchildrenwithautism.com

The Place for Children with Autism is an award winning and accredited autism therapy provider. We provide full day ABA therapy to children ages 2-6 in a school-like setting. Throughout the day, we have activities such as circle time, music, art, dance, and group snack and lunches. However, each child has a 1:1 therapist trained to increase communication, social skills, independent living skills, and prepare children for the school environment

**PROMISE HEALTHCARE**

819 Bloomington Rd  
Champaign, IL 61820  
217-403-5481  
jlacour@promisehealth.org  
www.promisehealth.org

Promise Healthcare provides affordable and accessible high-quality healthcare to our communities. The medical care team at Frances Nelson location treat patients for primary care, chronic diseases such as diabetes, pediatrics, women's health and reproductive health. Mental Health and Dental Services as well. Bi-lingual staff are available. Referrals to specialists, healthcare coverage enrollment help, and access to discounted medications are also available.

**QUALITY MED TRANSPORT**

3515 N Cunningham Ave  
Urbana, IL 61802  
217-607-2468  
dispatchurbana@qualitymedtransport.com  
www.qualitymedtransport.com

Quality Med Transport provide the following:

- Ambulatory & Paratransit transports
- Dialysis transports
- Workers Compensation transports
- Nursing/Assisted Living Facility transports
- Counseling and Treatment Center transports
- Pharmacy Prescription Pick-ups
- Specialty Appointments

**RAPE ADVOCACY, COUNSELING, & EDUCATION SERVICES  
(RACES)**

301 S Vine, Ste 211

Urbana, IL 61801

RACES Crisis Hotline: 217-384-4444

RACES Office: 217-344-6298

admin@cu-races.org

www.cu-races.org

RACES offers a variety of services to victims/survivors of sexual assault, abuse, and harassment and their non-offending significant others who live or work in Champaign, Douglas, Ford, and Piatt counties in East-Central Illinois. All services are free and confidential. You do not have to report to the police to receive assistance. Even if the violence occurred years ago, you can still get help.

Our services:

Trauma Therapy

Legal Advocacy

Medical Advocacy

Prevention Education

24/7 Hotline

**ROSECRANCE**

2302 Moreland Blvd  
 Champaign, IL 61822  
 217-356-7576  
 mhibbard@rosecrance.org  
 rosecrance.org

Rosecrance Central Illinois provides a wide range of prevention, intervention and treatment options for children, youth, adults, and families experiencing mental health and substance use issues. The continuum of care includes a 24-hour crisis line and crisis response, outpatient psychiatric care for adults, therapy/counseling, outpatient substance use treatment, and case management. Rosecrance adult residential programs include crisis stabilization at the Crisis Residential Center, 24-hour group homes, specialized supported housing, and independent apartments. Rosecrance is the SASS provider (Screening, Assessment, and Support Services, a program for Illinois youth experiencing a psychiatric crisis) for Champaign and surrounding counties.

**SOCIAL CHAMPAIGN**

601 E Main St, Ste 214  
 Mahomet, IL 61853  
 217-766-8807  
 j.s.gorsuch@gmail.com  
 www.socialchampaign.com

Social Champaign provides social learning groups and support groups for students ages 6 to adulthood. Social skills learning is based on concepts developed by the UCLA PEERS (R) Program and Social Thinking (R). Groups are based on affirming neurodiverse students. Groups meet on a weekly basis and parent education is included. Admission to groups is on a rolling basis and each student is assessed to find the appropriate group for their individual needs.

**STAR NET REGIONS I & III**

1 University Circle

Macomb, IL 61455

1-800-277-7537

starnet@wiu.edu

<https://starnet.org/home/star-net-region-i-and-iii/>

Illinois STAR NET envisions a future where early childhood professionals and families have the support needed to provide all children with a high quality, equitable education in inclusive environments. STAR NET's mission is to promote:

Evidence-Based inclusive practices for young children with disabilities

Professional development to support educators and families

Meaningful child outcomes through innovative and engaging learning experiences

**STATE SENATOR, PAUL FARACI**

45 East University Ave, Ste 206

Champaign, IL 61820

217-355-5252

[www.senatorfaraci.com](http://www.senatorfaraci.com)

[atha.senatorfaraci@gmail.com](mailto:atha.senatorfaraci@gmail.com)

Paul Faraci is the State Senator for the 52nd District, serving Champaign and Vermilion Counties. Senator Faraci's office can assist you with any state-related issues, share state resources and more.

## **STEPHENS FAMILY YMCA – LARKIN’S PLACE PROGRAMMING**

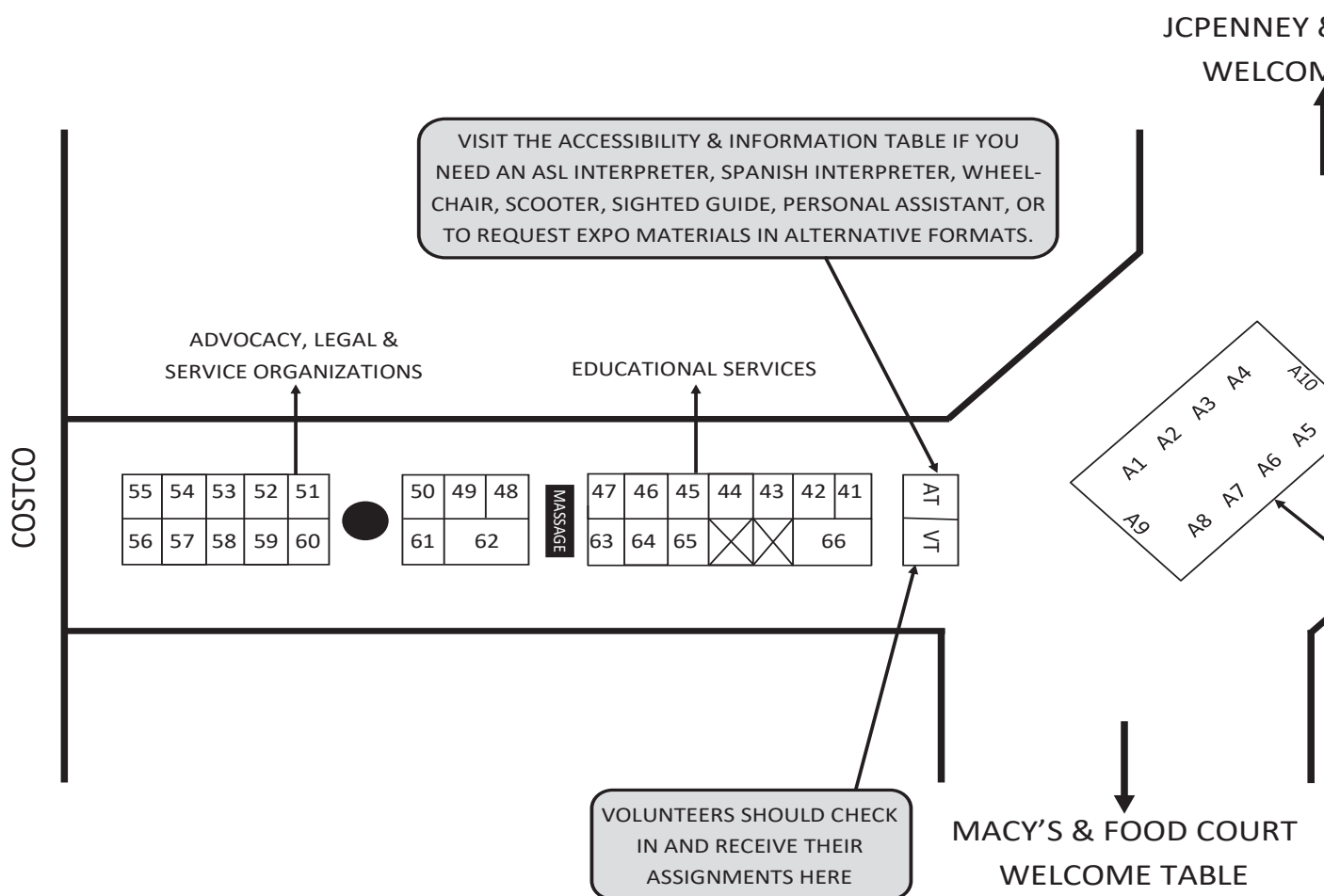
2501 Fields South Dr  
Champaign, IL 61822  
217-239-2849  
sfymcainclusion@gmail.com  
[www.sf-ymca.net/](http://www.sf-ymca.net/)

The Stephens Family YMCA provides inclusive programming and disability specific programming through our YMCA for youth and adults. We offer adaptive sports programming, including our newly formed Wheelchair basketball team, art programs, and other recreational opportunities. Larkin’s Place is a mindset of inclusion embedded within our YMCA, with a full time director working on inclusive practices and models. At the YMCA, you will find a universally designed building that is completely accessible to those with physical and intellectual disabilities. During school breaks, the YMCA offers child-care programming that can be accessible to youth with disabilities, including staffing children with inclusion counselors. The YMCA also has therapy services, and a sensory room which can be used by our members, so all people can find a place of belonging, and their individual needs being met.

## **SWANN SPECIAL CARE**

109 Kenwood Road  
Champaign IL 61821  
217-356-5164  
beverlyn.ellazar@swanncare.org  
<https://swanncare.org/>

Swann Special Care Center is a home for children and adults who have severe and profound developmental disabilities. The staff consists of skilled professionals, paraprofessionals, and trained nursing assistants who, with other support staff, provide a caring atmosphere in which residents’ physical, medical, nutritional, educational, emotional, and social needs are met.

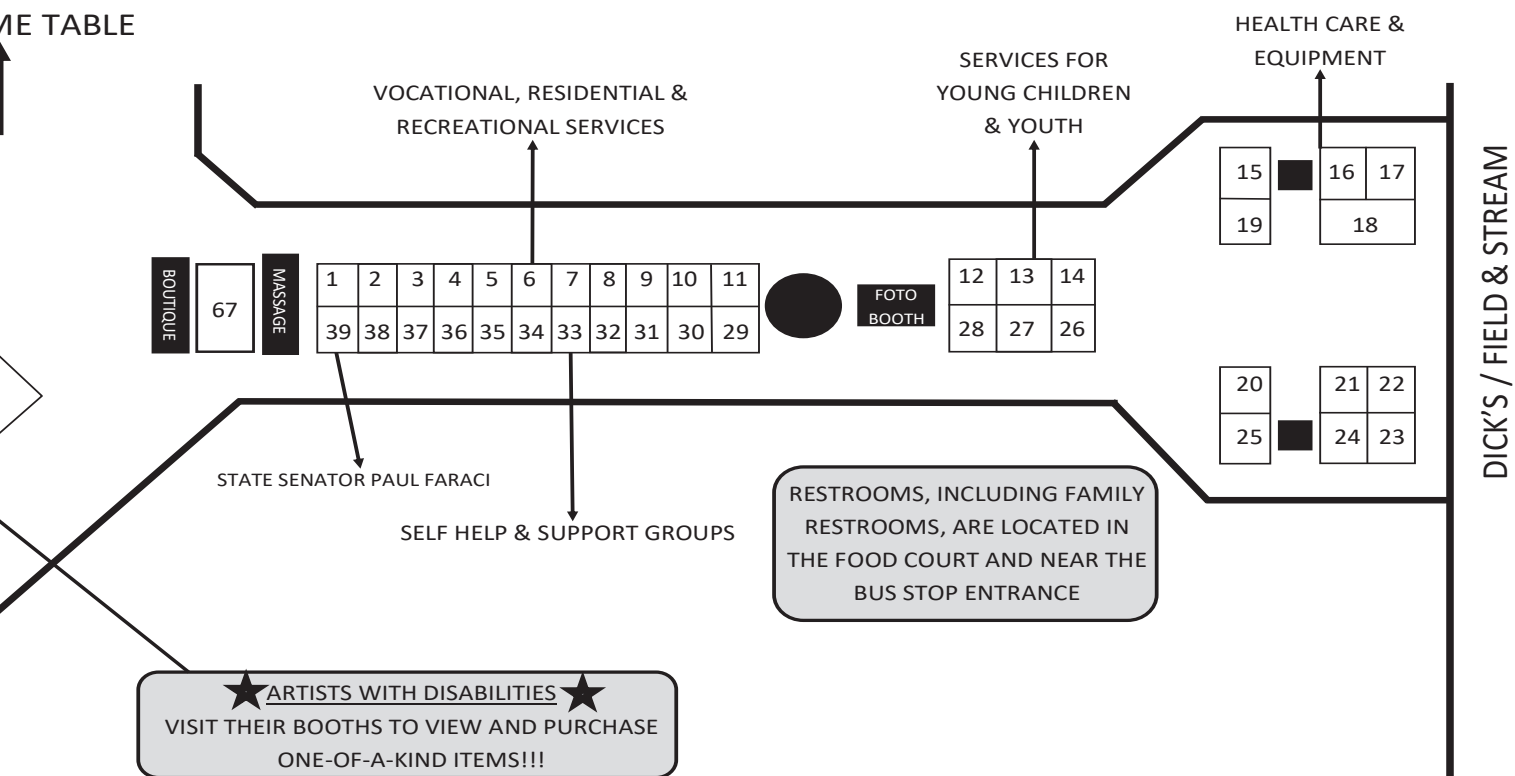


1	Stephen's Family YMCA / Larkin's Place
2	Land of Lincoln Goodwill Industries
3	Community Choices
4	Champaign-Urbana Special Recreation
5	LifeLinks
6	Equability LLC
7	Aspire
8	Division of Rehabilitation Services (DRS)
9	Eden Supportive Living
10	Envision Unlimited
11	Developmental Services Center (DSC)
12	Crisis Nursery
13	Place for Children with Autism, The
14	Elliott Counseling Group
15	Promise Healthcare
16	Rosecrance
17	Quality Med Transport

18	MedServ Equipment Corporation
19	Swann Special Care Center
20	UIUC - Audiology & Speech Language Pathology Clinic
21	Amazing Sensory Designs
22	Carle Community Wellness and
23	Champaign County Health Care Consumers
24	Health Alliance
25	Pavilion Behavioral Health System, The
26	AMBUCS, Greater Champaign County
27	Cunningham Children's Home
28	Tom Jones Challenger League
29	NAMI of Champaign County
30	Illinois Respite Coalition
31	C-U Able
32	GROW in Illinois
33	Epilepsy Advocacy Network
34	Illinois Epilepsy Project (Blue Tower Solutions)



& BUS STOP  
ME TABLE



35	Ascend Consultation in Health Care
36	Champaign-Urbana Multiple Sclerosis Support Group
37	Depression Bipolar Support Alliance Urbana-Champaign
38	Urbana Police Department, The
39	State Senator Paul Faraci
41	Illinois Radio Reader
42	Champaign-Urbana Autism Network (CUAN)
43	Social Champaign
44	Urbana Early Childhood School & CU Early
45	CCRPC - Early Childhood Education Program
46	STAR NET Regions I and III
47	The Autism Program at UIUC
48	CCAMR - Advocacy and Mentoring Resources
49	Uniting Pride of Champaign County
50	CCRPC - Developmental Disabilities Services
51	City of Champaign Equity and Engagement
52	Mass Transit District - Paratransit & C-CARTS

53	Thrivent Financial
54	Human Rights Authority (IGAC)
55	Champaign County Clerk and Recorder's Office
56	Equip for Equality
57	Illinois Home Care Ombudsman Program
58	Rape Advocacy, Counseling & Education Services
59	Paralyzed Veterans of America - Vaughan Chapter
60	Immigrant Services of Champaign-Urbana
61	Arc of Illinois, The
62	PACE, Inc. & ITAC
64	Excel Prep Schools
65	Urbana Free Library, The
66	UIUC - Center on Health, Aging, and Disability (CHAD)
67	Family Service Center of Champaign County

## **THE AUTISM PROGRAM (TAP) AT THE UNIVERSITY OF ILLINOIS**

904 W Nevada St  
 Doris Kelley Christopher Hall  
 Urbana, IL 61801  
 217-244-1395  
 Email: [theautismprogram@illinois.edu](mailto:theautismprogram@illinois.edu)  
 Website: [theautismprogram.illinois.edu](http://theautismprogram.illinois.edu)

The Autism Program (TAP) is a state-wide network of resources for Autism Spectrum Disorders in the state of Illinois. The mission of TAP is to foster development of community networks that promote best practice in the diagnosis, support, and education of all individuals on the Autism Spectrum. Locally, TAP offers a Resource Room, visual supports, new diagnosis orientations, consultations, social skill groups, and trainings. TAP also supports neurodivergent students at the University of Illinois and offers internship opportunities to undergraduate and graduate students.

## **THRIVENT FINANCIAL**

2101 Windsor Pl, Ste 2  
 Champaign, IL 61820  
 217-819-4646  
[east-centralillinoisgroup@thrivent.com](mailto:east-centralillinoisgroup@thrivent.com)  
[connect.thrivent.com/east-central-illinois-group/](http://connect.thrivent.com/east-central-illinois-group/)

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**TOM JONES CHALLENGER LEAGUE**

3407 Mill Creek Ct, #3  
Champaign, IL 61822  
217-377-2998  
tomjonesleague@gmail.com  
tomjonesleague.org

Tom Jones Challenger League baseball will begin its season next Spring. Challenger League baseball gives youngsters with disabilities the chance to play the game of baseball. Challenger League is sponsored by Champaign-Urbana Kiwanis Club. Games are played on Tuesdays and Saturdays at AMBUCS Park in Urbana during the months of May and June. Ages of our players are 6 to 21. Our motto: Everyone is a winner in Challenger League Baseball.

**UNITING PRIDE OF CHAMPAIGN COUNTY**

1001 S Wright St  
Champaign, IL 61820  
info@unitingpride.org  
www.unitingpride.org

Uniting Pride was founded in 2009 as a 501(c)3 nonprofit organization to advocate for the equality, wellness, and visibility of the LGBTQ+ community in Champaign County. Since then, we have been active in the community through support and social groups, community-building events, education, clothing drives, arts festivals, political advocacy, and more. UP exists to create a Champaign County where all who identify as sexual and/or gender minorities can live full, healthy, and vibrant lives.

**URBANA EARLY CHILDHOOD SCHOOL & CU EARLY**

2202 E Washington St

Urbana, IL 61802

217-384-3616

[jheinhorst@usd116.org](mailto:jheinhorst@usd116.org)

[www.usd116.org](http://www.usd116.org)

The Urbana Early Childhood School staff provides a quality, individualized learning program for eligible preschool children. Every classroom is made up of 3, 4, and 5 year olds who work and play in classrooms with students of all abilities.

CU Early serves children from birth to age 3 and their families in Champaign, Urbana, and Mahomet. We also provide services to expecting moms and dads. All CU Early services are free to families.

**URBANA FREE LIBRARY**

210 W Green St

Urbana, IL 61801

217-367-4057

[reference@urbanafree.org](mailto:reference@urbanafree.org)

[www.urbanafreelibrary.org](http://www.urbanafreelibrary.org)

Located in the heart of downtown Urbana, all are welcome to use the resources within our building:

FREE WiFi and public computers, MS office applications, special keyboards and trackball mice, adjustable height computer tables

Aladdin Genie Document magnifier

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Notary public service all hours the library is open

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And, more!

**URBANA POLICE DEPARTMENT**

400 S. Vine Street

Urbana, IL 61801

217-384-2320

PoliceFrontDesk@urbanailinois.us

<https://www.urbanailinois.us/police>

The mission of the Urbana Police Department is to enhance the quality of life in the City of Urbana by working cooperatively with the community and within the framework of the Constitution to enforce the laws, preserve the peace, reduce the fear of crime, and provide a safe environment for all. The Urbana Police Department will continually strive for excellence in the performance of its duties through education, training, and collaboration with its citizens.

## 2023 STEERING COMMITTEE

- Angella Anderson  
DHS/Division of Rehabilitation Services
- Rich Bolser  
Champaign Urbana Autism Network
- Allison Boot  
CCDDB/CCMHB
- Dylan Boot  
CCDDB/CCMHB
- Marya Burke  
Accessibility Services, Parkland College
- Kim Bowdry  
CCDDB/CCMHB
- Barbara Bressner  
Disability Rights Advocate
- Leon Bryson  
CCDDB/CCMHB
- Lynn Canfield  
CCDDB/CCMHB
- Miranda Delanty  
DHS/Division of Rehabilitation Services
- Mary Griffith  
PACE
- Stephanie Howard-Gallo  
CCDDB/CCMHB
- Tara Hurless  
University of Illinois Police
- Joy Jones  
Family Service of Champaign County
- Kerry Lowry  
PACE
- Christina Mott  
Champaign Urbana Special Recreation
- Becca Obuchowski  
Community Choices
- Joe Pittenger  
RCCSEC
- Barbara Pritchard  
Disability Rights Advocate
- Jermaine Raymer  
Family Service of Champaign County
- Hannah Sheets  
Community Choices
- Jane Sprandel  
CCMHB Board Member
- Kristen Stephens  
Accessibility Services, Parkland College
- Shandra Summerville  
CCDDB/CCMHB
- Vickie Tolf  
Developmental Services Center
- Paula Vanier  
Disability Rights Advocate
- Chris Wilson  
CCDDB/CCMHB
- Ashley Withers  
Community Choices



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- \* Personal care providers may ride at **NO EXTRA COST!**
- \* **Insurance covers most trips**  
Medical & Vet Benefits

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**www.qualitymedtransport.com**  
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**Illinois Self-Advocacy  
Alliance**

[www.selfadvocacyalliance.org](http://www.selfadvocacyalliance.org)  
[info@selfadvocacyalliance.com](mailto:info@selfadvocacyalliance.com)



**Champaign County Epilepsy  
Support Group Meetings**

1<sup>st</sup> Monday of the Month  
(2<sup>nd</sup> Monday if the 1<sup>st</sup> Monday is a holiday)

6.30 – 7.30pm

First Presbyterian Church  
(302 West Church Street, Champaign)

Contact Debbie Mitchell at  
217.867.2485 or [dcmitchell@mchsi.com](mailto:dcmitchell@mchsi.com)

Contact Leanne Mull at 708.465.2368  
or [leanneadvocacy@gmail.com](mailto:leanneadvocacy@gmail.com)



Statewide Referral Network  
(SRN) Project

[krescenebeck@gmail.com](mailto:krescenebeck@gmail.com)



**Serving Individuals with Down Syndrome  
and their families throughout East Central Illinois**

The Champaign County Down Syndrome Network partners with families and others to create an environment in which individuals with Down syndrome are welcomed with fairness, enthusiasm, and encouragement in their community.

Year-round the DSN hosts educational and social events for our members. Held in early October, the annual Buddy Walk is the DSN's biggest event, bringing 400-500 together to celebrate our individuals with Down syndrome.

**Learn more about the Champaign County Down Syndrome Network at  
[www.champaigndsn.org](http://www.champaigndsn.org) or follow us on Facebook at CCDSN.**

**Proud to sponsor the  
2023 Disability Resource Expo**



# COME PLAY WITH US!



## CUSR



Champaign-Urbana Special Recreation

**[cusespecialrecreation.org](http://cusespecialrecreation.org)**

CUSR CENTER

2212 Sangamon Dr, Champaign • 217-819-3980



CHAMPAIGN  
PARK DISTRICT



Urbana Park District





*DSC supports people in living a rich and meaningful life.*



DSC has a strong commitment to, and a great reputation for, providing a broad range of community-based services and supports for individuals with intellectual and developmental disabilities. People are at the center of everything we do! Whether you are seeking early intervention services for your infant or toddler, or a variety of alternatives for community, residential, day and employment services for yourself or your family member, DSC wants to meet you!

***Learn More About:***

*Family Development for Infants, Children, and their Families.  
Individual/Family Support. Advocacy. Community Day Services.  
Residential. Employment. Case Management. Home-Based Support.*

DSC  
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1304 W. Bradley Avenue  
Champaign, IL 61821

Visit [www.dsc-illinois.org](http://www.dsc-illinois.org) to learn more about us or call (217) 356-9176.



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- \* **Insurance covers most trips**  
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Champaign, IL 61820  
217.398.9066

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105 8th St.  
Mattoon, IL 61938  
217.398.9066

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**AMBUCS members are dedicated to inspiring mobility and independence for people with disabilities by performing community service, providing AmTryke therapeutic tricycles to children and veterans with disabilities, providing scholarships for therapists and constructing wheelchair ramps for qualified applicants. Additionally, they have assisted in development of AMBUCS Park in Urbana, an assessable community recreational park.**

### **AMTRYKES**

### **SCHOLARSHIPS**

### **RAMPS**

**AMBUCS Chapters provide fun and innovative service opportunities for people who want to help their community but do not necessarily have a lot of time to do so. When someone joins AMBUCS, they join a group of individuals who provide mobility and independence for children and adults within the community. AMBUCS local and national service programs generate amazing satisfaction and pride. As members work together, they contribute to chapter activities and goals, while learning new skills that can pay lasting dividends in their professional lives. They also have the opportunity to make valuable contacts and develop essential leadership skills. That's the AMBUCS way!**

**The Greater Champaign County Chapter of AMBUCS meet each Tuesday for lunch at Urbana Gardens in Urbana at 12:00 pm. We would welcome your participation in AMBUCS.**

**For more information, contact our President Keith Jamieson at 217-367-7112.**





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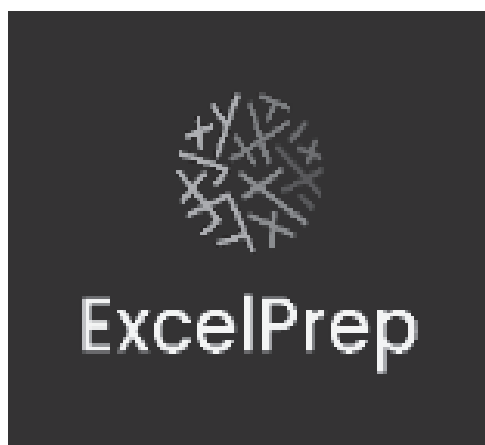




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**CHAMPAIGN COUNTY  
DEVELOPMENTAL  
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MENTAL HEALTH BOARD**

*The mission of the Champaign County Mental Health Board (CCMHB) is the promotion of a local system of services for the prevention and treatment of mental or emotional, intellectual or developmental, and substance abuse disorders, in accordance with the assessed priorities of the citizens of Champaign County.*



# hope&healing

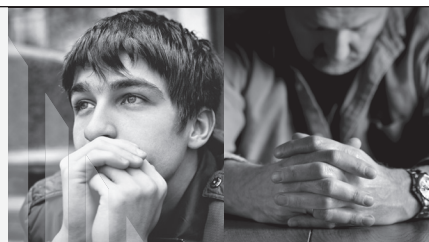
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## NOTES



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## NOTES

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