4 PAWS FOR ABILITY, UIUC

4pawsuiuc@gmail.com https://www.facebook.com/4pawsuiuc

We foster, raise, and train service dogs through 4 Paws for Ability. We are a Registered Student Organization on the UIUC campus. 4 Paws for Ability places service dogs primarily with children, but also veterans.

ACCESS URBANA-CHAMPAIGN

1310 S. 6th Street, Room 276F, Champaign, IL 61820 217-300-1226 meghanbm@illinois.edu http://accessucillinois.web.illinois.edu/home/

The Access Urbana-Champaign website is a searchable platform for individuals to find accessible restaurants in the Urbana-Champaign area. Individuals can look for specific accessibility features for a variety of restaurants in the area.

ALS ASSOCIATION GREATER CHICAGO CHAPTER

220 W. Huron St., Suite 4003, Chicago, IL 60654 309-696-7184 kellie@alsachicago.org www.alsachicago.org

The ALS Association Greater Chicago Chapter provides exceptional care services, the latest resources and information, and premier programming for Persons Living with ALS, their families and caregivers. We are proud to currently serve the Champaign-Urbana area through support groups, home visits, loaner equipment, education, advocacy, grant opportunities, and emotional support for patients, families, friends and professionals fighting ALS. There is no cost to Persons Living with ALS and their families for any of the services we provide.

AMBUCS, GREATER CHAMPAIGN COUNTY

PO Box 592, Urbana, IL 61803 217-367-7112 www.thegccambucs.org

AMBUCS is dedicated to creating mobility and independence for people with disabilities by performing community service, providing AmTryke therapeutic tricycles to children, youth, and adults with disabilities, providing scholarships for therapists, and constructing wheelchair ramps for qualified applicants. Additionally, they assist in development of Ambucs Park in Urbana, an accessible community recreational park.

ARC OF ILLINOIS, THE

9980 190th St., Suite C, Mokena, IL 60448 815-464-1832 info@thearcofil.org www.thearcofil.org

The Arc of Illinois advocates for funding and legislation to benefit people with disabilities, provides training opportunities for families and professionals. Illinois Life Span provides statewide information and resources focused on advocacy, services, and supports for people with i/dd. The Family to Family Health Information Center provides information focused on health and insurance issues for families of children and youth with special health care needs. The Family Support Network works to unify individuals with disabilities and their families to advocate for funding, services and community resources that strengthen and support the individual and family. The Ligas Family Advocate Program provides family to family advocacy support for Ligas Class Members. Family Transition Project, Consumer Stipend Program, and Assistive Technology Program are also under The Arc of Illinois.

atHOME WITH CLARK-LINDSEY

510 W. Park Ave., Suite F, Champaign, IL 61820 217-356-1111 info@athomewithCL.com www.athomewithcl.com

As a leader in the field of aging for over 40 years, Clark-Lindsey created atHome with Clark-Lindsey to empower you to live on your own terms with the comfort and peace of mind you and your family deserve. atHome's purchase of Diversified Health Care Services, Inc. combines Clark-Lindsey's history of excellence and innovation with Diversified's reputation for exceptional home nursing services. Concierge Services are also available. Our mission is to provide convenient options and services to promote well-being, allowing you to be in control of your choices. Visit www.athomewithcl.com to learn more or call 217-356-1111 to schedule a free consultation.

AVICENNA COMMUNITY HEALTH CENTER

819 Bloomington Road, Champaign, IL 61820 217-403-5498 info@avicennahealth.org http://www.avicennahealth.org

Avicenna Community Health Center is a free, primary care clinic available for 18 and over uninsured and underinsured residents of Champaign County. The clinic can manage diabetes, high blood pressure, and high cholesterol. Other services include physical exams, nutritional counseling, social work services, prescription assistance, and management of other primary health conditions. We are open Sundays from 1 – 4pm for scheduled appointments and walk-in visits. Appointments can be scheduled at 217-418-5888. Leave a message and we will call you back between 5:30 and 9:30pm on Wednesdays and Thursdays. Spanish, Mandarin, Arabic, and French language interpreters are available with advanced notice.

BEHAVIORAL PERSPECTIVE, INC.

4112 Fieldstone Road, Champaign, IL 61820 888-308-3728 info@bpiaba.com www.bpiaba.com

At BPI our mission is to embrace teamwork to promote positive outcomes. We provide multidisciplinary clinic and home-based services to individuals with autism and related disabilities. BPI also supports the special needs community through support groups, parent training workshops and consultation for schools and community partners.

BRIDGES THERAPY/BRAIN INJURY SUPPORT GROUP

2703 Clark Road, Suite 3, Champaign, IL 61822 (812) 682-0323 info@bridgestherapy.org www.bridgestherapy.org www.biail.org

Bridges Therapy

Adult speech therapy treatment for aphasia, apraxia, cognitive, communicative and memory disorders for adults following neurological impairments such as stroke, brain injury, anoxia, etc. Your therapy plan is individually tailored to meet your unique goals and needs. Group and individual sessions, as well as animal assisted interventions with nationally certified therapy dogs are provided. Sessions occur in the best setting for your needs (clinic, community and/or home settings within Champaign Urbana area). Sliding scale financial assistance and accepted insurances available..

Brain Injury Support Group of Central Illinois

Support group for individuals who have experienced stroke or brain injury & their friends and family. Champaign Urbana meeting on second Saturday every month 1030-1230. Decatur area meeting at St. Mary's Hospital the first Thursday every month 1200-100. Please contact receive notices of upcoming meetings or with questions.

CARE HORIZON, INC.

304 N. Maple, Suite 202, Urbana, IL 61802 217-384-3360 cwibach@carehorizon.org e.reed@carehorizon.org www. carehorizon.org

Comprehensive care coordination for adults 60 and older residing in Champaign, Douglas, Dewitt or Piatt Counties. Care Coordination includes Case Management, In-home Services, Universal Pre-Admission screenings (UPS) Emergency Home Response, Adult Day Service, Money Follows the Person (MFP), and Respite Services.

CARLE DIABETES EDUCATION AND NUTRITION SERVICES

1701 Curtis Rd., Champaign, IL 61822 217- 365-2853 jean.land@carle.com www.carle.org

Carle is certified as a Recognized Education Program by the American Diabetes Association. We offer interactive group classes, plus a consultation with the diabetes nurse educator and dietitian. In these sessions, an individualized nutrition plan and diabetes treatment plan is developed for each person. Carle also offers monthly Diabetes Support Group meetings in Champaign and Danville.

CARLE HOME HEALTH SERVICES

1813 W. Kirby Ave., Champaign, IL 61821 217- 383-3488 marty.johnson@carle.com www.carle.org/IServices/Home-Care

The Carle Home Care team provides services ordered by a doctor, requiring intermittent skilled nursing, and or physical or occupational therapy for homebound patients. They ensure a smooth transition from a clinic, hospital or extended care facility, and train patients to

care for themselves and their caregivers to manage pain. The Carle Hospice team of nurses, social workers, nursing assistants, chaplains and trained volunteers take an individualized, holistic approach to an end-of-life care philosophy. Our focus is to help patients live life as fully and comfortably as possible, promoting quality of life.

CARLE MEDICAL SUPPLY

1813 W. Kirby Ave., Champaign, IL 61821 217-383-8762 marty.johnson@carle.com www.carle.org/services/medical-supply

Ambulatory aids, oxygen equipment, CPAP equipment, wheelchairs, motorized scooters, walker accessories, aids for daily living, bandages and wound care, lift chairs, leg caddy. We also have repair and maintenance for medical equipment and on-staff respiratory therapists.

CCAMR—CHAMPAIGN COMMUNITY ADVOCACY AND MENTORING RESOURCES

P.O. Box 92, Champaign, IL 61824 217-586-5256 CCAMRBoard@gmail.com www.ccamr.org

Champaign Community Advocacy and Mentoring Resources (CCAMR) provides grants to adults (age 18 and older) with intellectual disabilities who live in Champaign County. The purpose of the mini grants (for \$100 - \$2000) is to enrich an individual's life by providing funds to support the purchase of equipment or supports that will assist the individual in maintaining or obtaining independence in his or her home or community or to support activities that will enhance the individual's quality of life.

C-CARTS (CHAMPAIGN COUNTY AREA RURAL TRANSPORTATION SYSTEM)

1101 E. University Avenue, Urbana, IL 61802 217-344-4287 www.c-carts.com

C-CARTS provides general public, shared ride transportation services to and from rural areas within Champaign County. C-CARTS provides transportation to meet the needs of the community, including the elderly and persons with disabilities. Reservations must be made at least 48 hours prior to the requested ride. Rides may be scheduled between the hours of 6:00 am and 6pm.

CENTER ON HEALTH, AGING AND DISABILITY (CHAD) & COLLABORATIONS IN HEALTH, AGING, RESEARCH AND TECHNOLOGY

1206 S. 4th Street, Champaign, IL 61820 217-244-2866 pastor2@illinois.edu

The Center on Health, Aging and Disability offers services to the University of Illinois Faculty, as well as area older adults, by providing programming and services. The Center supports inclusive community partnerships for older adults and those with disabilities, as well as partners with community agencies to provide a network of services and resources.

CHAMPAIGN COUNSELING, LLC

313 N. Mattis Ave. Suites 206, 208, 209, Champaign, IL 61821 217-203-2008 info@champaigncounseling.com www.champaigncounseling.com

Are you feeling overwhelmed and lost as you try to navigate your healthcare? We focus on promoting peace from within through a comprehensive wellness and strength-based approach to mental health counseling. We offer an inviting and supportive environment to help you realize your abilities. We serve individuals, couples, and families as they manage the challenges that life can bring when dealing with diagnoses like autism, learning disabilities, depression, anxiety, and chronic pain. Our specialists also help with:

- School related issues of bullying and self-esteem.
- Parenting children with various challenges.
- Stress management and workplace conflict.
- Family relationships and caregiver burnout.

CHAMPAIGN COUNTY CHRISTIAN HEALTH CENTER

OSF Healthcare Community Resource Center 1400 W. Park St., Urbana, IL 61801 217-398-2914 volunteer@ccchc2003.org www.ccchc2003.org

Champaign County Christian Health Center's mission is to show and share the love of Jesus Christ to our neighbors of Champaign County by providing holistic, free, and quality health care services. Holistic means that we consider the whole person regarding treatment – mental, emotional, spiritual, as well as physical well-being.

CHAMPAIGN COUNTY CLERK

1776 E. Washington St., Urbana, IL 61802 217- 384-3724 sfrye@co.champaign.il.us www.champaigncountyclerk.com

The Champaign County Clerk's Office will distribute voter registration information.

CHAMPAIGN COUNTY HEALTH CARE CONSUMERS

44 E. Main St., Suite 208, Champaign, IL 61820 217- 352-6533 cchcc@cchcc-il.org www.healthcareconsumers.org

CCHCC provides free information, assistance, referral, and advocacy services to community members who are having problems with any aspect of the health care system. CCHCC's Consumer Health Hotline helps consumers find low-cost health care resources, understand their patient rights, find discount prescription programs, apply for Medicaid/AllKids, apply for financial assistance at local hospitals, and more. Health Care Consumers also operates the Dental Referral Program, a program that connects low-income, uninsured consumers with affordable dental care. The Medicare 100/Plus Program helps Medicare beneficiaries get discounts on their out-of-pocket costs.

CHAMPAIGN COUNTY MOBILITY

1508 W. Anthony Drive, Champaign, IL 61821 217-359-5800 johnbeckwith@ccmobility.com www.ccmobility.com

CCM is your trusted source for mobility and accessibility equipment. CCM specializes in automotive lifts, seats and securement systems, ramps, elevators, bathroom and general accessibility modifications for home and office.

CHAMPAIGN COUNTY PUBLIC SAFETY ASSOCIATION

82 E. University Ave., Champaign, IL 61821 217-265-4110 pap@metcad911.org www.metcad911.org

The Illinois Premise Alert Program is a program to provide first responders with vital information for people with special needs. The

program provides the framework for a 911 call center to accept information about people with disabilities and share that information with police, firefighters and paramedics in an emergency. Premise Alert is designed to enhance first responder/citizen relationships and will provide first responders with important information prior to their arrival at an emergency scene.

CHAMPAIGN COUNTY REGIONAL PLANNING COMMISSION/EARLY CHILDHOOD EDUCATION HEAD START PROGRAM

1776 E. Washington St., Urbana, IL 61802 217-328-3313 info@ccrpc.org www.ccrpc.org

Champaign County Head Start/Early Head Start - The Champaign County Regional Planning Commission is the recipient of federal funding to promote kindergarten readiness to income-eligible families in Early Head Start, which serves infants, toddlers, and expectant parents; and Head Start, which serves three- to five-year-old-children. We partner with parents to assist children in developing the knowledge and skills necessary for school success and lifelong well-being.

CHAMPAIGN COUNTY REGIONAL PLANNING COMMISSION/INDEPENDENT SERVICE COORDINATION PROGRAM (ISC)

1776 E. Washington St., Urbana, IL 61802 217-328-3313 info@ccrpc.org https://ccrpc.org/

The Independent Service Coordination Program serves individuals with intellectual/developmental disabilities and their families/guardians to help them access individualized services and supports. The program's purpose is to ensure such services and

supports are responsive to the unique needs and desires of each individual and to effectively promote independence, community inclusion, and self-determination. Services include:

- Prioritization of Urgency of Need for Service (PUNS)
- Pre-Admission Screening (PAS)
- Individual Service and Support Advocacy (ISSA)
- Transition Consultant Services

CHAMPAIGN UNIT 4 AND URBANA DISTRICT #116 PRESCHOOLS

Champaign Early Childhood Center

809 N. Neil St., Champaign, IL 61820 217-351-3881 dearinch@u4sd.org www.cecc.champaignschools.org

Urbana Early Childhood Center

2202 East Washington St., Urbana, IL 61802 217-384-3616 cvowels@usd116.org www.usd116.org/uecs

The Champaign Early Childhood Center and Urbana Early Childhood Center are the public preschools for the local school districts. The preschool programs offer inclusive education for children ages 3-5. Free developmental screenings, therapy services, social-emotional support, and ESL services are available.

CHAMPAIGN-URBANA MASS TRANSIT DISTRICT

1101 E. University Ave., Urbana, IL 61802 217-384-8188 www.mtd.org

The Champaign-Urbana Mass Transit District provides fully accessible fixed-route bus service in Champaign, Urbana, and Savoy. The DASH

card is available to qualifying individuals with disabilities and offers unlimited free bus rides for the cardholder. For those unable to utilize bus service due to disability, CUMTD offers complementary paratransit van services within the CUMTD district boundaries.

CHAMPAIGN-URBANA SPECIAL RECREATION

1311 W. Church St., Champaign, IL 61821 217-239-1152 CUSR@champaignparks.com www.cuspecialrecreation.com

CUSR advocates and provides access to a full range of recreational opportunities for people with a variety of disabilities. These opportunities include, but are not limited to, inclusion within the Champaign and Urbana Park Districts, after school programs, skill building programs, special events, trips, summer day camps, adaptive programs, and Special Olympics. The staff strive to bring Therapeutic Recreation to CUSR. Come Play with Us!!

CHEZ VETERANS CENTER, UNIVERSITY OF ILLINOIS

908 W. Nevada St., Urbana, IL 61801 217-300-3515 gtander2@illinois.edu http://chezveteranscenter.ahs.illinois.edu/

Transition services for military connected students at the University of Illinois

CHILD AND FAMILY CONNECTIONS #16

201 W. Springfield Ave., Ste. 508 & 509, Champaign, IL 61820 800-877-1152 kwoolridge@cicfc.org www.cicfc.org

Child & Family Connections #16 (CFC) is the State of Illinois Early Intervention Program in Champaign, Ford, Iroquois, Livingston, McLean and Vermilion Counties. Early Intervention (EI) services are for families who have children ages birth to 3 with disabilities and/or risk of developmental delay, or who have a qualifying medical condition. Services may include therapies such as speech-language, occupational, developmental, and more, dependent upon what your child needs - and are provided in your home. Growing and learning does not happen the same for every child. If you have questions about your child's development, please call for a FREE developmental screening.

CITY OF CHAMPAIGN—HUMAN RELATIONS COMMISSION & HUMAN RESOURCES DEPT.

102 North Neil St., Champaign, IL 61820 217-403-8700 http://champaignil.gov/ECHO

http://champaignil.gov/HR

The Human Relations Commission is responsible for the promotion of equal rights and opportunities in the City. It is responsible for the enforcement of the City's Human Rights Ordinance and serves as the hearing board for complaints of violation of the Ordinance that cannot be conciliated by staff. The Commission also advises the City Council on human rights and equal opportunity issues.

The Human Resources Department's mission is to provide leadership and support in the areas of hiring, developing, training, retaining, and protecting the City's workforce. The Department supports and advises other City departments in their allocation and utilization of human resources in order to provide outstanding service.

CITY OF URBANA – HUMAN RELATIONS COMMISSION

400 S. Vine St., Urbana, IL 61801 217-384-2466 vpclark@urbanaillinois.us www.urbanaillinois.us/hro

The Urbana Human Relations Commission (HRC) works to end unlawful discrimination within the city of Urbana through education and enforcement of the Urbana Human Rights Ordinance. Working closely with the Urbana Human Relation Office (HRO), the HRC and HRO promote and protect human rights, civil rights, and optimal community relations within the City. If you feel you have been unlawfully discriminated against in housing, employment, credit, or access to public accommodation, please email us at vpclark@urbanaillinois.us or call 217-384-2466. Service is free of charge and calls are confidential.

CLEAR CAPTIONS

3001 Lava Ridge Ct., Ste. 100, Roseville, CA 95661 916-525-8231 jack.bechaud@clearcaptions.com www.clearcaptions.com

Clear Captions is a federally funded company that provides phone captioning services at no cost, to qualified individuals whose hearing loss inhibits their phone use.

COMMUNITY CHOICES

44 E. Main St., Suite 419, Champaign, IL 61820 217- 621-1090 communitychoices1@gmail.com www.communitychoicesinc.org

Community Choices is organized as a cooperative where adults with developmental disabilities and their families support each other. Members of the cooperative share information and resources. Community Choices provides services open to both members and non-members including Community Living, Customized Employment, and Family Support. Members have additional access to Social Opportunities.

COMMUNITY SERVICE CENTER OF NORTHERN CHAMPAIGN COUNTY

520 E. Wabash Ave., Suite 1, Rantoul, IL 61866 217-893-1530 karenk@cscrantoul.org www.cscrantoul.org

The Community Service Center of Northern Champaign County (CSCNCC) is a multi-agency center which provides mental health, social health and welfare services. These services include an emergency food pantry, holiday assistance, information & referral, prescription assistance, clothing center referrals and other miscellaneous services. CSCNCC also serves as a satellite site to several Champaign-Urbana based agencies. CSCNCC provides services to residents of northern Champaign County, except for the emergency food pantry which serves the entire county.

COMPASS PET THERAPY SOLUTIONS

2703 Clark Road, Suite 3, Champaign, IL 61822 (812) 682-0323 info@bridgestherapy.org www.bridgestherapy.org

Dedicated to the healing power of animals, we unite certified therapy animal teams with community needs and are specialists in the training of therapy animals. We utilize therapy animal teams to meet client goals, whether that be visiting to ease loneliness or brighten your day, or strategically with in therapy sessions.

COURAGE CONNECTION

508 E. Church St., Champaign, IL 61820 217-819-4617 ocravens@courageconnection.org www.courageconnection.org

We're committed to ensuring every member of our community can live in healthy, safe relationships by providing comprehensive domestic violence programming, plus emergency shelter and transitional housing to women and children made homeless as a result of domestic violence.

CRISIS NURSERY

1309 W. Hill St., Urbana, IL 61801 217-337-2730 jduden@crisisnursery.net www.crisisnursery.net

Crisis Nursery creates an "Island of Safety" dedicated to the prevention of child abuse and neglect by providing 24-hour emergency care for children and support to strengthen families in crisis. Crisis Nursery is the only emergency-based child care facility open 24 hours, 365 days a year for the entire community to access with no fees or income eligibility. Besides safe shelter for children ages birth through six, we also provide family support and parenting education to strengthen parent skills and confidence. We believe that asking for help is a sign of strength.

CTF ILLINOIS

1902 Fox Dr., Ste. B, Champaign, IL 61820 217-352-7166 cherylsowers@ctfillinois.org http://www.ctfillinois.org

CTF Illinois (CTF) is a nonprofit organization that has provided services throughout the state of Illinois since 2000. CTF assists

people with diverse disabilities through a variety of programming, including: advocacy efforts and education, developmental training, residential services, community support, job development, and more. Our mission is to empower each individual we serve to live the life they want to live. Through all of our services, we are guided by this mission and by our vision to create a culture where people are not defined by their differences, but recognized for the value they bring to their communities.

CU ABLE

2101 Laurel Park Place, Champaign, IL 61822 815-354-2263 info@cuable.org Find us on Facebook at CU Able www.cuable.org

CU Able is a group of parents who are passionate about helping their children with special needs by creating a safe and accepting support network within the local community. The group focuses not only on advocacy and awareness, but also tries to help its members incorporate self-care into their routine by organizing and participating in local events such as mom's retreats, family dinners, and the Larkin's Place Parent Network. CU Able is a welcoming group where parents can seek advice and support, share resources, network, and find friendship. Create Awareness, Promote Acceptance, Embrace Love.

CU AUTISM NETWORK

P.O. Box 17024, Urbana, IL 61803 information.cuan@gmail.com www.cuautismnetwork.org

We are a local 501c3 non-profit organization. Our mission is to support persons on the autism spectrum, their families, caregivers, educators, other professionals, and the public by providing

opportunities for support, networking, education, training, and advocacy, along with promoting awareness and acceptance. SUPPORT-VOLUNTEER-DONATE #cuanvillage

CUNNINGHAM CHILDREN'S HOME/VOCATIONAL OPTIONS PROGRAM

1301 N. Cunningham Ave., Urbana, IL 61802 217-337-9047 dlewis@cunninghamhome.org www.cunninghamhome.org

Cunningham Children's Home provides vocational education services through their Vocational Options Program. Eligible unemployed youth who are out of school and between the ages of 18 and 25 receive the training and support needed to make a successful transition into the work force. Eligible individuals will learn positive coping and life skills, identify realistic vocational goals, and develop the skills to meet those goals. For more information, contact Deb Lewis, Vocational Options Coordinator, by phone at 217-337-9047 or email at dlewis@cunninghamhome.org. Now in its 125th year, Cunningham remains an exemplary child welfare and educational services agency that provides therapeutic intervention and caring support to more than 450 youth and their families in our community.

DEVELOPMENTAL SERVICES CENTER (DSC)

1304 W. Bradley Avenue, Champaign, IL 618231 217-356-9176 www.dsc-illinois.org Find us on Facebook at https://www.facebook.com/cuDSC1/

DSC proudly provides services and supports to approximately 1100 people annually. Adult services are community-focused and community-based, with an emphasis on independence to enhance the quality of life as defined by the individual choosing services. Programs offer support in life skills, employment and housing options, as well as community resources and access. Areas of

support for adults include Individual and Family Support, Employment Services, Community Day Services, Residential Services and Case Management. DSC's Mission: DSC supports people in living a rich and meaningful life.

DEVELOPMENTAL SERVICES CENTER/FAMILY DEVELOPMENT PROGRAM

1307 N. Mattis Ave., Champaign, IL 61821 217-356-9176 www.dsc-illinois.org Find us on Facebook at https://www.facebook.com/cuDSC1/

DSC's Family Development is a home-visiting program offering infants, children and families, services and support such as speech and developmental therapy, daycare consultation, developmental screenings, a weekly playgroup and PLAY Project.

DHS/DIVISION OF REHABILITATION SERVICES

1307 N. Mattis Ave., Champaign, IL 61821 217-278-3500 Aletha.Alexander@illinois.gov Miranda.Delanty@illinois.gov www.dhs.state.il.us

DHS-Division of Rehabilitation Services (DRS) is the state agency that provides job training, job placement & post-employment support services to job seekers who, due to their disability, may have difficulty with applying, preparing, interviewing, finding & maintaining successful employment. Individuals eligible for VR services are provided vocational assessment, evaluation, career guidance, training, & job placement by certified Vocational Rehabilitation Counselors. The DRS-VR Counselor's primary role is to identify and address those employment barriers preventing our customers from being successfully employed, and then provide the necessary services that will lead to a successful employment outcome or job retention. Specialized VR services are also provided for individuals who are deaf

or hard of hearing, blind or visually impaired. Transition Services are also provided for H.S. students with IEP, or 504 Medical Accommodations. These services are designed to assist students as they transition from school to work or to post-secondary training programs.

DISABILITY RESOURCES AND EDUCATIONAL SERVICES (DRES)—UNIVERSITY OF ILLINOIS

1207 S. Oak, Champaign, IL 61820 217-333-1970 disability@illinois.edu www.disability.illinois.edu

DRES is the disability services office at the University of Illinois campus. We are one of the leading support programs in higher education for people with disabilities and were the first in the nation to begin providing these support services. Our mission is to ensure that qualified individuals with disabilities are afforded an equal opportunity to participate in and benefit from the curricular, co-curricular, and vocational opportunities available at the University of Illinois. We accomplish this through the collaborative promotion, provision, and pursuit of innovative accommodative and educational services, and interdisciplinary disability research.

DOWN SYNDROME NETWORK, CHAMPAIGN COUNTY

1304 W. Bradley Ave., Champaign, IL 61824 217-722-1732 president@champaigndsn.org secretary@champaigndsn.org www.champaigndsn.org

The Champaign County Down Syndrome Network operates as a notfor-profit organization serving families who have a member with Down syndrome. The DSN offers support to families by providing current information for parents, professionals, and the general public. The DSN provides new parent packets, offers social opportunities for peers with Down syndrome, and raises awareness of Down syndrome in our community. The DSN holds workshops and monthly meetings on topics of interest to our members.

EASTER SEALS TIMBER POINTE OUTDOOR CENTER

20 Timber Pointe Dr., Hudson, IL 61748 309-365-8021 amcbride@ci.easterseals.com http://www.easterseals.com/ci

Owned and operated by Easterseals Central Illinois, accredited by the American Camp Association, and located on the shoreline of Lake Bloomington, Timber Pointe Outdoor Center is the premier resource in the state of Illinois for providing specialized outdoor recreation, experiential, and family programs for individuals with disabilities and illnesses in a fun, safe and accessible environment.

EDEN SUPPORTIVE LIVING

222 N. State St., Champaign, IL 61820 217-903-5900 pjacobsen@edenslf.com www.edenslf.com

Eden Supportive Living is a lifestyle designed for people with physical disabilities ages 22-64 who expect a better quality of living. At Eden, a person can live amongst their peers in exciting neighborhoods, while taking comfort in knowing there are licensed health professionals available to assist with daily living activities or health emergencies. A monthly fee covers everything: rent, utilities, three daily meals, housekeeping, laundry, assistance with transportation, personal care, and even medical reminders. Qualified residents eligible for financial assistance under Medicaid may be able to receive financial assistance for their care at Eden.

ELLIOTT COUNSELING GROUP

309 W. Clark St., Champaign, IL 61820 217-398-9066 staff@ecgstaff.com https://elliottcounselinggroup.com

Serving Champaign-Urbana and the surrounding communities, we provide total care for the entire range of emotional and mental health issues. Through individual, couple, family, or group sessions, we provide therapeutic care for varying personality disorders, grief, depression, anxiety, gender issues, PTSD and trauma, addiction and drug/alcohol issues, and more. Our other services include but are not limited to:

- Play Therapy
- Art Therapy
- Yoga Therapy
- Animal-assisted Therapy
- Aromatherapy
- Chronic Illness Support Group
- Medication Assistance

EPILEPSY FOUNDATION GREATER CHICAGO

Regional Office:

17 N. State Street, Suite 650, Chicago, IL 60602 312-939-8622 kjanssen@epilepsychicago.org www.epilepsychicago.org

Local Support Group:

The Champaign County Epilepsy Support Group First Presbyterian Church, Westminster Hall 302 W. Church Street, Champaign, IL. Meeting starts at 6:30 - 8 p.m. For more info, contact Deb Mitchell at 217-867-2485 dcmitchell@mchis.com

The Epilepsy Foundation of Greater Chicago is an Illinois not-forprofit organization serving 43 counties, offering counseling, advocacy and educational services to people with epilepsy, their families, and the communities in which they live. "The Epilepsy Foundation of Greater Chicago leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy."

EQUIP FOR EQUALITY

1 West Old State Capitol Plaza, Suite 816, Springfield, IL 62701 866-543-7046 866-KIDS-046 (Special Ed Helpline) contactus@equipforequality.org www.equipforequality.org

Equip for Equality provides self-advocacy and legal help for people with disabilities in Illinois with no fee for services. It is the only comprehensive, cross-disability advocacy organization serving people of all ages throughout the state. Advocates and attorneys provide information and advice to individuals to enable them to advocate on their own behalf. Projects include outreach to Spanish-speaking communities, a special education helpline, help for beneficiaries of Social Security, and self-advocacy education.

FAMILY SERVICE OF CHAMPAIGN COUNTY

405 S. State St., Champaign, IL 61820 217-352-0099 info@familyservicecc.org www.famservcc.org

Family Service of Champaign County offers you caring staff and more than a century of experience. Families and people of all ages improve their ability to cope through counseling and support groups. Adults with disabilities living in a home setting experiencing abuse, neglect or financial exploitation receive protection and assistance to ensure safe living arrangements. Services for adults aged 60+ include HomeCare, Meals on Wheels, Senior Transportation, and Senior

Counseling & Advocacy. Retired Senior Volunteer Program (RSVP) has volunteer opportunities for all adults ages 55+. Call Family Service at 352-0099; we can help you turn your challenges into new beginnings.

FEEDING MATTERS

Toll free: 800-233-4658 gclavey@gmail.com info@feedingmatters.org www.feedingmatters.org

Feeding Matters is the first organization in the world uniting families, healthcare professionals, and the broader community to improve the system of care for children with Pediatric Feeding Disorder (PFD) through advocacy, education, support, and research. Families may be interested in **The Power of Two** program - a system of support for families that often feel isolated and overwhelmed. Qualified family coaches who have first-hand experience with PFD are matched with families struggling to overcome the medical, emotional, financial, educational, and social issues often faced with PFD. An online feeding questionnaire and our health care provider directory are also available online.

GROW IN ILLINOIS

PO Box 3667, Champaign, IL 61826 217-390-2583 Karen.shan@growinamerica.org www.growinamerica.org

GROW is a community mental health movement. We are voluntary and open to everyone. There are no fees or dues, and no referral or specific diagnosis is needed. People come to GROW with diverse problems in living, including mental illness, addictions, abuse, grief, loneliness, depression, anxiety, stress, and difficulty coping. Just come along to a meeting and learn how GROW can help you. Weekly

GROW groups are run by the members and structured around a Group Method. Meetings last about 2 hours and are followed by a social time.

HEALING HORSE STABLES

378 County Road 700 East, Pesotum, IL 61863 217-690-8775 healinghorsestables@gmail.com www.healinghorsestables.org

Healing Horse Stables is committed to promoting the physical, cognitive, social, emotional, and spiritual health and well-being of individuals, regardless of age or disability, by providing equine assisted activities. We are a nonprofit organization offering: therapeutic riding, equine facilitated learning, and riding for relaxation. We plan soon to offer equine assisted psychotherapy and hippo therapy—speech, physical, and occupational therapy utilizing horses.

HEALTH ALLIANCE

3310 Fields South Drive, Champaign, IL 61822 217-902-8156 mervet.adams@healthalliance.org www.healthalliance.org

For more than 30 years, Health Alliance has offered plans with quality doctors and hospitals, unbelievably helpful customer service, and ways to save. With a focus on quality, local customer service, and wellness, we deliver top-notch health insurance to our members. Offering Individual & Family Coverages, Medicare, and Employer Group coverage options to help you be your best! Learn more at www.HealthAlliance.org or call us at 1-888-382-9771.

HOUSING AUTHORITY OF CHAMPAIGN COUNTY

2008 North Market St., Champaign, IL 61822 217-378-7100 ext. 5059 candaceg@hacc.net www.hacc.net

The Housing Authority works in conjunction with local governments and agencies to develop long term housing strategies for communities.

HUMAN RIGHTS AUTHORITY

2125 S. First St., Champaign, IL 61820 (217) 278-5587 laura.hart2@illinois.gov http://www2.illinois.gov/sites/gac/HRA/Pages/default.aspx

The Human Rights Authority is the investigative arm of the Illinois Guardianship and Advocacy Commission. The Authority investigates alleged violations of the rights of persons with disabilities by providers of services.

ILLINI CHAPTER OF ILLINOIS ASSOCIATION OF THE DEAF

2104 Wiggins St., Champaign, IL 61822 217-689-0281 illinichapterofiad@gmail.com www.iadeaf.org or www.facebook.com/IlliniChapterofIAD/

Advocacy organization for deaf and hard of hearing individuals, with social opportunities scheduled regularly.

ILLINOIS ASSISTIVE TECHNOLOGY PROGRAM

1020 S. Spring, Springfield, IL 62704 217-522-7985 rrichard@iltech.org www.ILTech.org

Demonstration of assistive technology devices for all ages and disabilities.

ILLINOIS EARLY INTERVENTION CLEARINGHOUSE

51 Gerty Dr., Children's Research Ctr., UIUC, Champaign, IL 61820 877-275-3227 isaacs@illinois.edu http://www.eiclearinghouse.org

The Illinois Early Intervention (EI) Clearinghouse is a lending library and information resource for families and professionals in Illinois. Our free lending library consists of books, journals, and DVDs related to early childhood, parenting, and young children with special needs. The EI Clearinghouse is one component of the Illinois Early Intervention (EI) Program. The state's program provides a collection of services for families of children from birth to age 3 who have disabilities or developmental delays or who are at risk of having developmental delays. Families are the key to successful early intervention. Our mission is to provide families with the information they need to support their children's growth and development.

ILLINOIS HOME CARE OMBUDSMAN PROGRAM

One Natural Resources Way, Springfield IL 62702 800-252-8966 Aging.HCOProgram@illinois.gov www.illinois.gov/HCOP

The Illinois Home Care Ombudsman Program advocates on behalf of individuals who are receiving services through the Home and

Community-Based Waiver Services Program and the Medicare Medicaid Alignment Initiative.

ILLINOIS OFFICE OF THE COMPTROLLER

100 W. Randolph St., Suite 15-500, Chicago, IL 60601 312-814-0034 Julie. Ayres@illinoiscomptroller.gov www.illinoiscomptroller.gov

We provide information and literature on identity theft and financial literacy.

ILLINOIS RADIO READER

300 N. Goodwin Ave., Urbana, IL 61801 217- 333-6503 spegal@illinois.edu will.illinois.edu/illinoisradioreader

The free Illinois Radio Reader service offers audio news and information from newspapers, magazines and more—and it's not just for those who are blind or visually impaired. It's for anyone who is considered print impaired—including individuals who have a medical condition or disability that makes it difficult to hold and/or read traditional books and magazines. It's also for people who are home bound. The service is also offered via web streaming and a smart phone app in addition to the traditional reader radios.

ILLINOIS RESPITE COALITION (IRC)

17314 S. Kedzie Ave., Hazel Crest, IL 60429 630-207-8479 ilrespitecoalition@gmail.com www.illinoisrespitecoalition.org

The Illinois Respite Coalition (IRC) has been supporting families and providers since 1998. We provide respite information and referral

across the lifespan statewide. We have an in-home respite grant and when funded, a statewide Emergency Respite Care Grant. The in-home respite grant through DHS provides eligible families who have a loved one diagnosed with Intellectual/Developmental Disabilities a break utilizing a trained worker. This break gives the caregivers a chance to care for themselves. We serve 16 counties: Bond, Champaign, Clark, Clinton, Crawford, Cumberland, Dewitt, Edgar, Effingham, Jasper, Macon, Marion, Mason, Moultrie, Richlandd, Washington. Contact: ilrespitecoalition@gmail.com

ILLINOIS STATE LIBRARY TALKING BOOK AND BRAILLE SERVICE

300 S. Second St., Springfield, IL 62701 800-426-0709 isltbbs@ilsos.gov www.ilbph.org

ISLTBBS is a tax-supported mail-order public library of audio books and braille for anyone who is unable to read standard print material due to vision or physical problem.

INDIVIDUAL ADVOCACY GROUP

1289 Windham Parkway, Romeoville, IL 60446 815-931-3986 mwojciechowski@individualadvocacygroup.com www.individualadvocacygroup.com

Individual Advocacy Group helps individuals live full, self-directed lives with dignity and independence. IAG provides a full array of quality, customized, outcome-focused services for people with developmental, intellectual, emotional, behavioral, neurological or mental disabilities.

We enable individuals to define and pursue their life goals and interests, develop skills to reach those goals, grow increasing

personal responsibility, engage their community, and lead active, enjoyable, independent lives.

LEAP – LEADERS IN EMPLOYING ALL PEOPLE

1304 W. Bradley Ave., Champaign, IL 61821 217-356-9176 lolson@dsc-illinois.org www. dsc-illinois.org

LEAP is a collaborative effort between Developmental Services Center (DSC) and Community Choices, to expand local employment opportunities for people with disabilities and to advance the Employment First Initiative, by offering education and resources to Champaign County employers. LEAP is funded by a grant through the Champaign County Developmental Disabilities Board.

MAATUKA, AL-HEETI & EMKES, LLC

2101 Windsor Place, Champaign, IL 61820 217-337-0700 stacy@maelaw.net https://maelaw.net/

Full service law firm providing solution oriented legal services in a caring and professional manner. Maatuka, Al Heeti & Emkes is a law firm located in Champaign which provides legal consultation for families and individuals who are involved with persons with special needs. Such consultation and legal services include, but are not limited to: Special needs trusts, estate planning, wills and trusts, guardianships, powers of attorney, and direction for living arrangements. Maatuka, Al Heeti & Emkes will work with family members or individuals to accomplish the best results possible for the individual with special needs. Maatuka, Al Heeti & Emkes can also provide other general legal consultation in other areas of the law.

MEDSERV EQUIPMENT CORP.

400 N. Broadway, Urbana, IL 61801 217-355-7971 dave@medservdme.com www.medservdme.com

Home medical equipment and supplies including: Scooters and wheelchairs, lift/recliner chairs, stair lifts, vehicle lifts (for scooters and wheelchairs). Bath safety, ambulatory, compression hose, CPAP's and supplies, and much more.

MOLINA HEALTHCARE OF ILLINOIS

1520 Kensington Rd, Suite 450, Oakbrook, IL 60523 773-241-9873 Staci.Diggs-Spence@MolinaHealthcare.com www.MolinaHealthcare.com

We are a health insurance plan for those who receive Medicaid and Medicare benefits for those with a disability.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

PO Box 3552, Champaign, IL 61826-3552 217-419-5345 champaignnami@aol.com http://www.namichampaign.org

We are an all volunteer group and provide education, support, and advocacy to all persons living in our community who are affected by mental illness. Look for educational meetings at the Champaign Library. Monthly family support groups in five cities: Champaign, Danville, Effingham, Mattoon and Tuscola. Free educational courses for families of adults and children living with mental illness. Speakers for groups and schools. We have a warmline to help connect with, and navigate resources for getting help. Call 217-419-5345 for more information or to get support.

NATIONAL SEATING AND MOBILITY

3808 W. Springfield Ave., Suite B, Champaign, IL 61822 217-355-1399 tmiller@nsm-seating.com www.nsm-seating.com

Since 2001, National Seating and Mobility has served East Central Illinois by providing mobility and seating solutions to those with complex rehab and consumer needs.

OSF HEALTHCARE HEART OF MARY MEDICAL CENTER

1400 West Park St., Urbana, IL 61801 217-337-2000 Sheri.L.McKiernan@osfhealthcare.org www.osfhealthcare.org/heart-of-mary/

At OSF HealthCare Heart of Mary Medical Center, we're your neighbor, your family, your kid's coach. We're part of a nationally recognized and innovative health system. We're building a better healthier Central Illinois by making health care easier to access, innovating new treatments and focusing on the needs of the community. Backed by an integrated network and the nationally recognized experts of OSF HealthCare Children's Hospital of Illinois, OSF HealthCare Illinois Neurological Institute, and OSF HealthCare Cardiovascular Institute, we bring advanced technology, specialized medical care and cutting-edge research—all with that exceptional patient experience you deserve.

PACE, INC. CENTER FOR INDEPENDENT LIVING

1317 E. Florida Ave., Urbana, IL 61801-6007 217- 344-5433 info@pacecil.org www.pacecil.org

PACE is a Consumer-Controlled and Cross-Disability organization which serves Champaign, Douglas, Edgar, Piatt, and Vermilion

counties. We are led by people with disabilities in everything from the individual services that we provide, to the overall programs, to even our Board and Staff. It also means that we serve people with a wide range of disabilities; everything from Developmental, to Visual Impairments, Deaf/Hard of Hearing, and other physical disabilities. Through self-directed advocacy and services, we work toward the full-inclusion of people with disabilities in the rights and responsibilities of society.

Access Alley by PACE

Access Alley by PACE is a program where people with disabilities ranging from; Deaf/Hard of Hearing, Blindness/Low-Vision, Mobility Impairments, Memory Impairments, Learning Disabilities, and many others will have the opportunity to learn about, test, and buy the technologies to grow and maintain independence. You'll be able to visit us at 1717 S. Philo Rd. in Urbana, or on the web at: www.accessalley.org.

PARKINSON'S SUPPORT GROUP OF CHAMPAIGN COUNTY

Savoy United Methodist Church 3002 W. Old Church Rd., Champaign, IL 61822 (corner of Duncan Rd. and Old Church Rd.) 217-549-6167 huntindawgs@yahoo.com

Providing support for individuals diagnosed with Parkinson's Disease and their caregivers. Weekly meetings are held at Savoy United Methodist Church each Monday from 10-11am. Meetings include information, light exercise, discussion, and socialization. Meetings are open to all.

PARKLAND COLLEGE – OFFICE OF ACCESSIBILITY SERVICES

2400 W. Bradley Ave., Champaign, IL 61822 217-353-2338 accessibilityservices@parkland.edu www.parkland.edu

The office of accessibility services works in partnership with the college community to facilitate equal access for students with disabilities to the educational programs, services, and activities of Parkland College in accordance with federal law.

PAVILION HOSPITAL, THE

809 W. Church St., Champaign, IL 61820 217-373-1700 christine.bruns@uhsinc.com www.pavilionhospital.com

Psychiatric and Addiction treatment services for children, adolescents, adults, and the geriatric population. Services are provided on an inpatient and partial hospitalization basis. The Pavilion Foundation School provides educational services for youth grades 3-12 who have learning disabilities as well as behavior issues.

PERSONAL MOBILITY

1109 Parkland Court, Champaign, IL 61821 217-398-1188 info@personalmobilityinc.com www.personalmobilityinc.com

Personal Mobility is Illinois' most complete mobility center. We provide mobility solutions for Home, Auto, Community, and Life. We specialize in Stairlifts, Home Elevators, Custom Manual and Power Wheelchairs, Custom Seating, Accessible Vehicles, and Driving Controls. We are family-owned and here to serve you with locations in Champaign, Peoria, and Springfield.

PROMISE HEALTHCARE-FRANCES NELSON/SMILE HEALTHY

819 Bloomington Rd., Champaign, IL 61820 217-356-1558 info@promisehealth.org www.promisehealth.org

Frances Nelson is a family medicine health center dedicated to providing affordable and accessible quality care to our patients. We offer income-based discounts and benefit enrollment assistance. Smile Healthy is a dynamic collection of dental programs that work to improve the oral health of the community through preventive care, treatment, and education.

QUALITY MED TRANSPORT

3515 N. Cunningham Ave., Urbana, IL 61802 217-607-2468 dispatchurbana@qualitymedtransport.com qualitymedtransport.com

We provide the following:

- Ambulatory & Para-Transit transports
- Dialysis transports
- Workers Compensation transports
- Nursing/Assisted Living Facility transports
- Counseling and Treatment Center transports
- Pharmacy Prescription Pick-ups
- Specialty Appointments

RATTLE THE STARS

4002 Tallgrass Dr., Champaign, IL 61822 217-372- 4479 kbryan@rattlethestars.org www.rattlethestars.org

Rattle the Stars provides suicide prevention services, including intervention training for youth and adults, consultation for suicide

crisis response planning for schools, businesses, and organizations, hosting and participating in community events, providing information and resources, and institutional and political advocacy.

ROSECRANCE CENTRAL ILLINOIS

801 N. Walnut, Champaign, IL 61820 217-693-4545 kkessler@rosecrance.org www.rosecrance.org

Rosecrance Central Illinois provides a wide range of prevention, intervention and treatment options for children, youth, adults, and families experiencing mental health and substance use issues. The continuum of care includes a 24-hour crisis line and crisis response, outpatient psychiatric care for adults, therapy/counseling, outpatient substance use treatment, and case management. Our adult residential programs include crisis stabilization at the Crisis Residential Center, 24-hour group homes, specialized supported housing, and independent apartments.

SENSORY SANCTUARY

Savoy, IL 331-551-6493 hjohnston@sensorysanctuary.org www.sensorysanctuary.org

Our organization exists to provide safety equipment, sensory tools, and resources to individuals and families living with Sensory Processing Disorder.

SEVEN OAKS FINANCIAL LLC

805 W. Jackson St., Suite 306, Morton, IL 61550 217-417-5228 jsthompson@sevenoaksfinancial.com www.7oaksfinancial.com

Seven Oaks provides comprehensive financial planning for families with a special need. This includes an analysis of their current situation, an individualized plan for their future, with prioritized alternatives, optional funding formats including Special Needs Trusts and ABLE accounts, and assistance in working with Special Needs attorneys to establish the proper legal instruments to protect their family member, their government benefits, and establish financially a standard of living they desire for not only the Special Needs member but the entire family.

SOCIAL CHAMPAIGN

510 S. Staley Road, Suite. A, Champaign, IL 61822 217-766-8807 j.s.gorsuch@gmail.com www.socialchampaign.com

Social Champaign provides individual and group therapy services that address the social and organizational issues of children and adults with high functioning autism, PDD-NOS,

Asperger Syndrome, non-verbal learning disorder (NVLD), ADHD, and other related social learning disabilities. Group therapy is limited to a maximum of four clients per group.

STARNET REGIONS I & III

1 University Circle, Macomb, IL 61455 800-227-7537 Toll free mk-smith@wiu.edu r-slaght@wiu.edu www.starnet.org

Illinois STARnet is a Support and Technical Assistance Regional Network that provides training, consultation and resources to the early childhood community. STARnet is divided into six regions in Illinois, Regions I & III serve the Northwest and Central part of the state. The STARnet system assists the State Board of Education in meeting local needs by providing services to professionals and families of young children with special needs throughout Illinois. STARnet supports family-centered, research-based and effective practices in early childhood education and care. STARnet is committed to Helping Illinois' Young Children Reach for the Stars.

STATE SENATOR SCOTT BENNETT/DISABILITY ADVOCACY

45 E. University Ave., Suite 206, Champaign, IL 61820 217-355-5252 michelle@senatorbennett.com www.senatorbennett.com

Public service contact information, Senior Health Record, State government information, Child Identification card, information re ABLE Act.

STEPHENS FAMILY YMCA – LARKIN'S PLACE PROGRAMMING

2501 Fields South Dr., Champaign, IL 61822 217-359-9622 kspencer@ccymca.net www.sf-ymca.net

The Stephens Family YMCA is specifically designed to support and integrate children and families at all developmental levels,

encouraging acceptance, play and growth for everyone. While the philosophy and spirit of Larkin's Place permeates every aspect of the Y from design to programming, classes designated as "Larkin's Place Programming" incorporate additional therapeutic developmental and social goals—actively seeking to bring together typically and atypically developing participants in an effort to cross social barriers and enact positive personal and societal change.

THE AUTISM PROGRAM (TAP) AT THE UNIVERSITY OF ILLINOIS

904 W. Nevada, Urbana, IL 61801 217-244-1395 theautismprogram@illinois.edu www.theautismprogram.illinois.edu

The Autism Program (TAP) is a state-wide network of resources for Autism Spectrum Disorders in the State of Illinois. Our mission is to foster development of community networks that promote best practice in the diagnosis, treatment, and education of all children with Autism Spectrum Disorders. Locally we offer social skill groups, playgroup, New Diagnosis orientation, Resource Room, training and technical assistance, and consultations.

THRIVENT FINANCIAL, EAST CENTRAL ILLINOIS GROUP

201 W. Springfield Ave., Suite 103, Champaign, IL 61820 217-819-4646

dean.hull@thrivent.com

https://connect.thrivent.com/east-central-illinois-group

Thrivent Financial provides sound financial guidance with value-based financial strategies. Our experienced financial representatives can help you create a strategy that reflects your values. We provide a wide range of products and services to help you meet your financial goals and needs. We offer tools such as insurance, annuities and mutual funds. We're a not-for-profit financial services organization dedicated to helping our nearly 2.4 million Christian members reach

their financial goals. We are a Fortune 500 company with the strength of \$105.4 billion in assets under management (as of Dec. 31, 2014). Bringing together the expertise of lawyers, financial planners, and psychologists, The ChSNC® is the only credential designed to prepare financial advisors to help people with special needs.

TOM JONES CHALLENGER LEAGUE, C-U KIWANIS

284 Illinois Dr., Rantoul, IL 61866

For sign-up use website below or call: 217-239-1152 (CUSR)

For more info: 217-377-2998 or 217-649-2077

TomJonesLeague@gmail.com http://www.TomJonesLeague.org

Tom Jones Challenger League baseball will begin its 22nd season next Spring. Starting with a dozen players, the league has now grown to more than 100 players and more than 100 buddies and volunteer helpers. Challenger League baseball gives youngsters with disabilities the chance to play the game of baseball. For many, this was a game only their siblings or friends took part in until Challenger offered the opportunity to compete. Challenger League is sponsored by Champaign-Urbana Kiwanis Club. Games are played on Tuesdays and Saturdays at AMBUCS Park in Urbana during the months of May and June. Ages of our players are 6 to 21. Our motto: Everyone is a winner in Challenger League Baseball.

TRUE NORTH COUNSELING CENTER

201 W. Springfield Ave., Ste. 208, Champaign, IL 61820 217-402-4071 danielapplegate74@gmail.com truenorthcounseling.com

True North Counseling Center is a new, collaborative private practice, opening April 1, 2020, in Champaign, IL. We are a group of well-established clinicians in the area who prioritize quality of care with our creative, energetic, and experienced licensed clinicians.

Daniel Applegate and Henry Woolsey (formerly of Compass Counseling), are building a team of excellent therapists. In addition to the work Daniel and Henry have done the last five years, True North will have a focus on family and child/adolescent services, including:

- Autism (ASD)
- ADHD
- Fragile X Syndrome
- Disruptive Mood Dysregulation Disorder
- Cerebral Palsy
- Down syndrome
- Reactive Attachment Disorder
- Bi-polar disorder
- Borderline personality disorder
- Schizophrenia
- Anxiety
- Depression
- PTSD Combat and non-combat related
- Play Therapy

True North Counseling Center will be opening April 1, 2020, in Huntington Tower, Suites 208-210. Please contact danielapplegate74@gmail.com for more information on services and programming.

TUTOR DOCTOR CHAMPAIGN

507 E. Country Ridge, Mahomet, IL 61853 (217)418-4746 shess@tutordoctor.com www.tutordoctor.com/champaign

Tutor Doctor provides tutoring and test preparation services to students of all ages, levels and subjects. Our in-home, one-to-one sessions are scheduled to accommodate your family's availability.

TWO ROADS WELLNESS CLINIC

3115 Village Office Place, Champaign, IL 61822 217-531-4101 Lindsay@tworoadswellnessclinic.com www.tworoadswellnessclinic.com

Two Roads Wellness is an integrative mental health clinic that focuses on treating the whole person. We have 17 counselors and 4 nurse practitioners who provide counseling, medication management, supplementation support, nutritional counseling, and community education on mental health topics. We serve children, teens, and adults. We also provide individual, family, couples, and group therapy. Contact us for support with concerns regarding:

- -Depression, Bipolar, and other mood disorders
- -PTSD and trauma related concerns
- -ADHD, OCD, and Anxiety
- -Relationship difficulties and sexual concerns
- -Divorce, Grief and Loss, and Family Transitions

UIC – DIVISION OF SPECIALIZED CARE FOR CHILDREN

510 Devonshire, Suite A, Champaign, IL 61820 800-322-3722 beagles2@uic.edu http://dscc.uic.edu/

University of Illinois at Chicago's Division of Specialized Care for Children provides free care coordination for families of children with special health care needs. Additionally, we are able to provide some financial support to families who meet our financial eligibility guidelines. As a division of UIC, we have unique access to resources and research to assist Illinois families and children with special healthcare needs. We have 12 regional offices throughout the state of Illinois. The Champaign Regional Office provides care to children and families in the following counties: Champaign, Douglas, Ford, Iroquois, Kankakee, McLean, Macon, Moultrie, Piatt and Vermilion.

UNIVERSITY OF ILLINOIS EXTENSION

801 N. Country Fair Dr., Suite D, Champaign, IL 61821 217-333-7672 sweedler@illinois.edu https://extension.illinois.edu/cfiv/money-mentors

University of Illinois Extension's Money Mentors program is a network of trained volunteers who work one-onone with people who request help with personal money management. Money Mentors help people with personal finance goals, including organizing finances, managing debt, and building savings. All services are free and confidential. To request a mentor, register online at

http://go.illinois.edu/moneymentors or call 217- 333-7672. To ask a money-related question, office hours are available by appointment.

URBANA FREE LIBRARY

210 W. Green St., Urbana, IL 61801 217-367-4057 jchambers@urbanafree.org http://www.urbanafreelibrary.org

Located in the heart of downtown Urbana at the corner of Race and Green, all are \welcome to use the resources within our building.

- FREE WiFi and public workstations with Internet access, MS office applications, special keyboards and trackball mice, adjustable height computer tables.
- Aladdin Genie Document magnifier.
- Large print books, DVDs and audiobooks on CD.
- Notary public service all hours the library is open. Public fax and copy machines.
- Home delivery service for the physically disabled.
- Programs for all ages.
- Space for meetings.
- Cooling & heating station during uncomfortable weather.
- And, more!

VA ILLIANA HEALTH CARE SYSTEM

1900 E. Main St., Danville, IL 61832 217-554-3000 Katherine.weber@va.gov https://www.danville.va.gov

VA Illiana Health Care System's mission is to honor America's Veterans by providing exceptional healthcare that improves their health and well-being. We offer an array of services to meet the health care needs of those who have so proudly served our nation.

WEFT/DISABILITY BEAT RADIO

113 N Market St., Champaign, IL 61820 217-778-1664 disabilitybeat@gmail.com www.weft.org

WEFT Community Radio is a volunteer-operated non-profit heard at 90.1 FM or online at weft.org/listen. Disability Beat airs weekly on Mondays at 5pm, and features news and interviews with people interested in community inclusion, social justice, accessibility and equal opportunity for people with all types of disabilities.